

NEWSLETTER 2026

INDIA VISION FOUNDATION

“Saving The Next Victim, Transforming & Empowering Lives, Restoring Dignity”

This quarter reflected India Vision Foundation's integrated approach across prison wellbeing, children and family strengthening, rehabilitation, menstrual health, and global learning partnerships.

QUARTER AT A GLANCE

309

Radio Parvaaz podcasts
produced to date

110

Mothers, caregivers,
children and youth engaged

58

Children reunited with
incarcerated parents

55

People reached through
Baithak reintegration circles

3,600+

Women in prison reached
through Project Shakti

1

New global learning
collaboration initiated

Strengthening Families | Restoring Dignity | Supporting Reintegration

#SavingTheNextVictim

INSIDE PRISON PROGRAM

TOWARDS WELLBEING BY AMPLIFYING VOICES

Radio Parvaaz

In May 2026, India Vision Foundation established Radio Parvaaz, a community prison radio initiative, in **two prisons in Uttar Pradesh— District Prison Meerut and District Prison Lucknow**. The radio stations were set up with the support of **CSR Muthoot Finance and FICCI FLO**, respectively.

About Radio Parvaaz

Launched in 2021, Radio Parvaaz is an in prison radio platform designed to promote inmates' mental well-being, rehabilitation, and positive engagement. Through stories, music, meditation, yoga, life-skills sessions, legal awareness programmes, and motivational content, the initiative aims to reduce stress, boost morale, and create a more positive prison environment.



Radio Parvaaz launch at District Prison Meerut, Uttar Pradesh



Radio Parvaaz launch at District Prison Lucknow, Uttar Pradesh

Why it matters?

Prison radio gives people in prison access to meaningful content, peer- led expression, and emotional support. It helps reduce isolation, builds confidence, and encourage positive participation within correctional spaces.

309

Podcasts Produced under
Radio Parvaaz

2

New Prison Radio Stations
launched this quarter

CHILDREN OF VULNERABLE FAMILIES PROGRAM

TOWARDS FAMILY STRENGTHENING

Mother's Day celebration

India Vision Foundation organized a special Mother's Day celebration on the theme **"Maa Har Roop Mein – Celebrating Every Form of Motherhood"** in hybrid modes. The event saw **enthusiastic participation from 110 mothers, children, youth, and caregivers.**

The celebration aimed to honour not only mothers but also all caregivers who nurture children's lives, including maternal aunts, elder sisters, grandmothers, and fathers who fulfil dual parental responsibilities.

In the Bawana Community Centre, children expressed their love and gratitude through dance performances, handmade cards, art- and-craft activities, and interactive games. Mothers and caregivers also shared heartfelt messages for their children, creating emotional and joyful moments for everyone present. The virtual celebration included voice-recorded messages by children describing their caregivers as their guides, friends, and superheroes.

Voices Across the Walls

Special podcast that broadcasted the messages from children for their mothers living inside the prison. Through these heartfelt recordings, children expressed their love, longing, and gratitude, helping incarcerated mothers feel emotionally connected to their children despite physical separation. The initiative created deeply touching moments and reinforced the emotional bond between mothers and children.

Why it matters?

For children affected by parental incarceration, emotional continuity with caregivers is critical to confidence, expression and long-term wellbeing.

110

Participants Engaged

Hybrid

Community and Virtual format

Family

Strengthening objective



Children, caregivers and team members at the Mother's Day celebration at Bawana Community Centre

FAMILY BONDS

STRENGTHENING BONDS BEYOND PRISON WALLS

Parent Child Meet

A heartwarming **Parents–Child Meet** was successfully organised in one of the prisons where India Vision Foundation is actively operational.

It brought together **135 participants**, including incarcerated parents, children, caregivers, and support staff and created an emotional and meaningful space for children to reconnect with their parents.

A total of **58 children** meet their incarcerated mothers and fathers during the interaction. The atmosphere was filled with excitement, happiness, and emotional moments as children eagerly reunited with their parents after long periods of separation. Smiles, hugs, and heartfelt conversations reinforced the importance of family bonds despite physical separation.

Why it matters?

Parent- Child meetings help protect emotional bonds, reduce distress among children and motivate parents to remain connected with their children's growth and future.

During the meeting, children proudly shared their academic achievements, school progress, and examination results with their parents. For many incarcerated parents, witnessing their children continue their education with confidence and determination became a moment of immense pride, hope, and emotional reassurance.

Parents expressed heartfelt gratitude towards the organization for continuously supporting their children's education and well-being, and resolved to work towards a crime-free and positive life upon release.



A child reconnects with her parent during the Parent- Child Meet

Father's Day Celebration

On 20th June 2026, the Children of Vulnerable Families Program celebrated Father's Day on the theme **"My Hero, My Inspiration"** through a hybrid format.

The virtual celebration saw active participation from **42 parents and fathers**. Children expressed their love and gratitude through drawings, audio messages, and videos, which were compiled and showcased during the session. The in-person celebration was held at Bawana, with **10 fathers** and **32 children** participating. Engaging activities, including yoga and meditation, a cup game, and a blindfold trust game, helped promote bonding, teamwork, trust, and communication between fathers and children. A special **"Mann Ki Baat"** session gave fathers an opportunity to share their experiences and emotions, while children shared heartfelt messages of love and appreciation, creating a deeply emotional and memorable atmosphere.

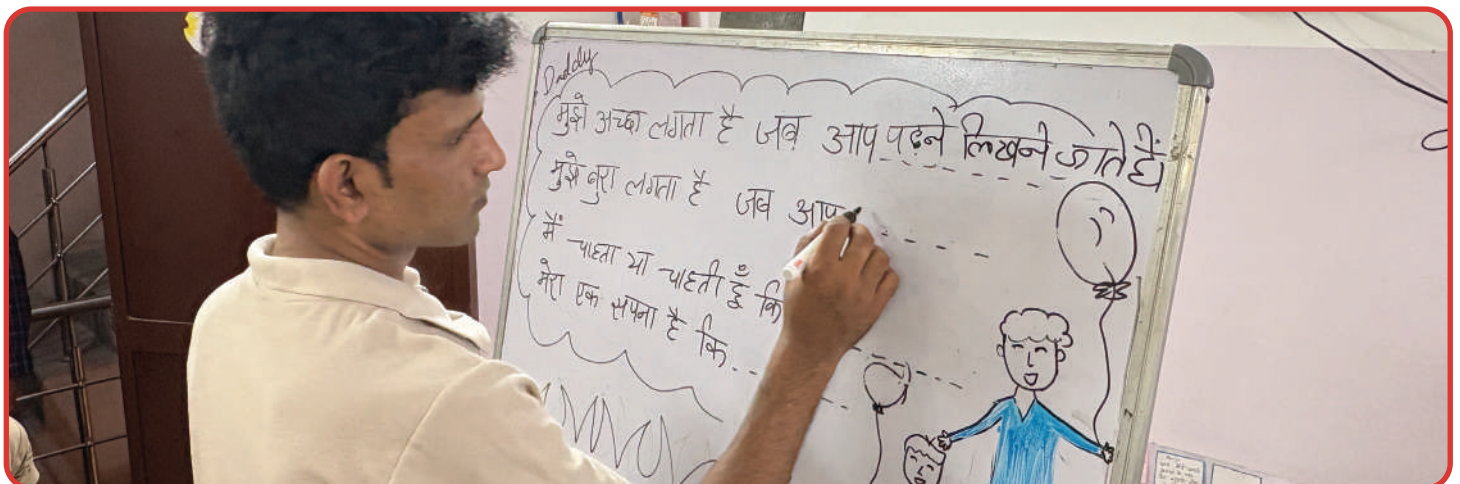
"It felt wonderful to be here today. It felt like I had the opportunity to spend such a lovely and memorable time with the children for the first time. It truly warmed my heart. I simply wish for all these children to move forward, fulfil their dreams, and bring honour to their parents."

~ One of the Father

("Papa, you are my superhero. You always try to fulfil whatever I wish for. My life is incomplete without you. Happy Father's Day, Papa.")

~ One of the Child

Overall, both celebrations created a joyful, meaningful, and emotional environment. The program reinforced the importance of parental engagement and helped strengthen the bond between fathers and children.



Fathers and children celebrated trust, teamwork and communication

REHABILITATION AND REINTEGRATION PROGRAM

STRENGTHENING CONNECTIONS



Group engagement session under the Rehabilitation and Reintegration program

The Reality Of Reintegration

From a psychological perspective to social well-being, they already find themselves cornered by the world. As they get mentally exhausted due to the incarceration from the outside world and leads to depression, aggression, and culture shock. There is also the thought of getting accepted in society as they would usually struggle getting employment (lack of education and skills adds to the struggle) hence no job then financial stability. Which eventually faces an overwhelming sensation of not knowing where to start.

In Their Own Words

"Everything is new for me. As soon as we open our eyes, we rush to work. Coming to the park like this today and sitting here with all of you is a completely new experience for me."

-Rani

"I am an ex-convict. I cannot expect much out of life in this system...I am just trying to live on a day-to-day basis. Hopefully, someday with God's blessings, I can support my family."

-Ajay

Launching “Baithak”: A Safe Space for Transition



Baithak brings people together to share challenges, aspirations and progress



Peer support helps build confidence during transition after release

Recognizing this critical need, **India Vision Foundation** has launched **Baithak**, a **community-based engagement initiative** designed to reconnect with released beneficiaries and support their transition into society.

The word **Baithak** means “a gathering” or “a meeting place”—a space where people come together to share, reflect, and learn from one another. Through these informal yet purposeful gatherings, released beneficiaries are provided with a safe and supportive environment to discuss their experiences, challenges, aspirations, and progress after release.

Why it matters?

Baithak reinforces a simple but powerful message : No individual should have to navigate reintegration alone.

7

Baithak sessions held

55

People reached across Delhi-NCR

These sessions serve as a platform for peer support, encouragement, and problem-solving. Participants discuss issues related to employment, family relationships, social stigma, mental well-being, and financial stability, while also celebrating personal achievements and milestones.

Beyond fostering a sense of community, Baithak enables India Vision Foundation to better understand the evolving needs of beneficiaries and tailor its interventions accordingly. The insights gathered help inform livelihood support, counselling services, skill development opportunities, and other rehabilitation initiatives. Most importantly, Baithak reinforces a powerful message: no individual should have to navigate reintegration alone.

EXPERIENTIAL LEARNING

Menstrual Hygiene Day 2026 in Lucknow under Project Shakti

On Menstrual Hygiene Day 2026, India Vision Foundation organised a State-Level multi-stakeholder consultation on Menstrual Health Management under Project Shakti to advance menstrual health, hygiene, and wellbeing across 61 correctional facilities in Uttar Pradesh.

This event was held under the aegis of the Department of Prison Administration & Reforms, Government of Uttar Pradesh, UP SLSA and was supported by Spark Minda Foundation and BharatCares.

The event was graced by **Shri P.C. Meena, IPS, Director General, UP Prisons**, as the Chief Guest and **Ms Manu Kalia, Member Secretary, Uttar Pradesh State Legal Services Authority (UP SLSA)**, as the Guest of Honour, along with other senior prison officials and stakeholders from across the State. Their support and leadership continue to strengthen efforts towards building more inclusive, humane, and period-friendly prison environments.

3,600+

Women in prison reached

48

Prisons covered over two years

68

Officials engaged in consultation

Impact of Project Shakti

Over the last two years, Project Shakti has improved awareness, access to menstrual hygiene resources, institutional sensitisation and stakeholder engagement across Uttar Pradesh Prisons.

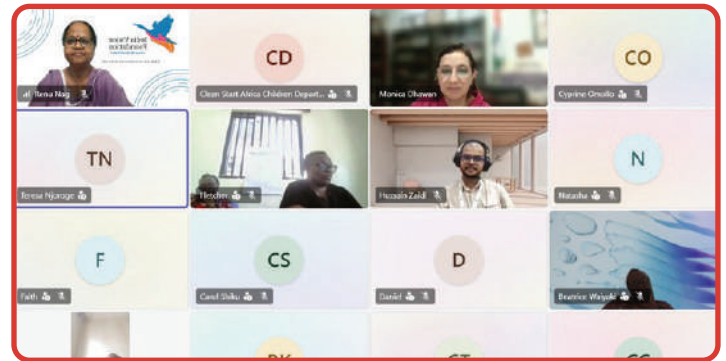


State-level consultation on menstrual health management under Project Shakti, Lucknow

GLOBAL OUTREACH

Collaboration with Clean Start Africa

This quarter, India Vision Foundation is pleased to announce a new partnership with **Clean Start Africa**, a Kenya-based organisation dedicated to supporting women and children affected by the criminal justice system and helping them rebuild their lives with dignity, hope, and opportunities for successful reintegration into society.



Virtual learning exchange between India Vision Foundation and Clean Start Africa

Teresa Njoro, CEO and Founder of Clean Start Africa, met Ms Monica Dhawan, Director of India Vision Foundation, at the Prison Reform Conference organised by the Global Alliance of Civil Society in Amsterdam. During the meeting, she expressed keen interest in learning from India Vision Foundation's 32 years of experience in prison reform.

Why it Matters?

This partnership reflects India Vision Foundation's growing role as a field-based knowledge partner in global reform and opens opportunities for shared practices to support women, children and families affected by incarceration.

Closing Note

This quarter reaffirmed India Vision Foundation's commitment to restoring dignity across the justice continuum – from people inside prisons to children and families outside, and from release to reintegration.

INDIA VISION FOUNDATION

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