

# CONNECT. EMPOWER. TRANSFORM.

SVN

**ANNUAL REPORT 2016** 

# **THE FOCUS IS** WHAT IS RIGHT BEFORE YOU - TO GIVE IT YOUR BEST. IT SOWS THE SEEDS OF TOMORROW."

- Dr. Kiran Bedi



# **>> WHO WE ARE**

India Vision Foundation (IVF) is a New Delhi based voluntary nongovernmental organization that was born in 1994 out of the Ramon agsaysay Award (equivalent to Asian Nobel Prize). The award was conferred to Dr. Kiran Bedi, the first lady IPS (Indian Police Services) of India, for forging positive relationships between people and police through creative leadership. IVF with its team is trying to bring about a progressive change through positive reinforcement, education and values; the aim is to help the beneficiaries to become responsible and conscientious citizens by empowering them to become an asset to the society.

Today, our foundation is touching more than 3000 lives every day and is striving to give a new hope to prison inmates and their children. Till date, the foundation has successfully reached out to more than 1,50,000 beneficiaries under its Prison Reforms and Rural Development project.



### **凶 OUR** MISSION

We seek to carry forward our service in all those areas which were the basis of the award; namely Police and Prison Reforms; Women Empowerment with a mission statement to #SaveTheNextVictim.

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# OUR PROGRAMS 🤇

### **DISCRIPTION FOR CHILDREN OF INMATES**

Education is a gift for life time. We in order to empower and provide opportunity to children from incarcerated families help them with primary & secondary education, health care, clean environment, training so that they can lead empowered lives with dignity & respect.

To help these children and their families we are working broadly in three segments:

□ Creche project (Below 6 years)

□ Children of Vulnerable Families Project

🗆 Alumni

### ▶ PROJECTS INSIDE PRISONS

For over two decades now, India Vision Foundation has been working towards its mission of restoring, reintegrating and rehabilitating inmates, by building their capacity in various skills using our unique 3S model covering prisons in Delhi, Haryana and Uttar Pradesh



#### **SHIKSHA** (Education) Individual Counselling Adult Literacy E-library Capacity Building

#### **SANSKAAR** (Value **Education**)

Yoga Life Skills Sessions Awareness Workshops

#### SKILLS

Art and crafts Chocolate Making Stitching and Tailoring Jute products Beauty and Haircare Weaving, Crochet and Knitting Painting Music Computer Education



### **TRAINING PROGRAMMES**

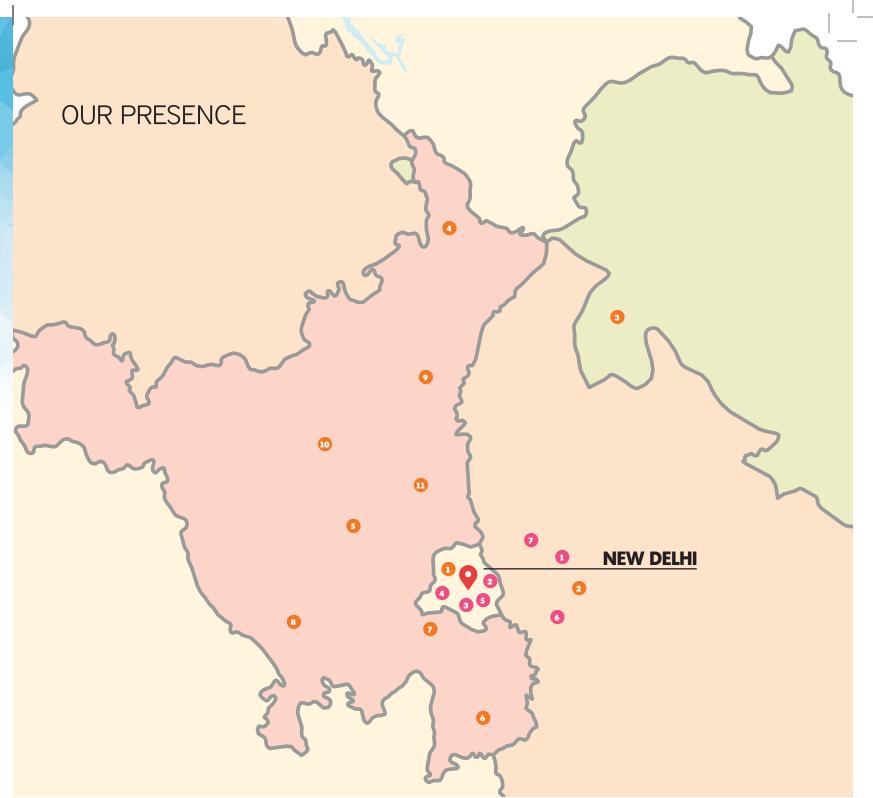
Reforms need to be broad-based. They need to reach everybody. And they need to be continuous and sustainable. Training programmes for prison reforms provide the impetus to the spread, standardization and sustenance of reform programmes in Indian prisons.

### **↘** RURAL DEVELOPMENT

In rural India, communities still find it difficult to think independently or be financially independent, especially their women folk. A nation as a whole cannot flourish unless this group of people is empowered, both intellectually and financially. The aim of the Rural Development programme, spearheaded by Navjyoti India Foundation as our lead partner, is to sensitize, train and empower the community to lead this change.

### **► E-COMPLAINT REDRESSAL**

Through this programme, the Foundation attempts to bridge the gap between citizens and the police, and bring about a greater degree of satisfaction in their interaction by providing alternative and referral services to citizens in need of assistance from the authorities through counsel on legal or official matters and facilitating IT literacy.





### PARTNER SCHOOLS

A

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Asha Deep Foundation, Shahid Nagar, Ghaziabad Assisi Convent School, Noida

Infant Jesus School, Sanjoepuram, New Delhi St. John's public School, Khera Khurd

Holy Family School, Mahavir Enclave

Fr. Agnel School, Greater Noida

Ingraham Institute,Ghaziabad

#### HEAD OFFICE

56, Uday Park, Opposite Ansal Plaza, New Delhi



# FOUNDER'S FOREWORD

"THIS ANNUAL REPORT IS AN EVIDENCE of enormous amount of work done through programs inside prisons as well as outside the prisons and beyond. It's an unparalleled work by any NGO perhaps anywhere, in this field. It deserves to be fully applauded. Every bit of work leads to 'saving the next victim'.

The next victim could the person himself / herself or the other. It's an amazing collaborative model evolved. Where individuals, corporates, professionals and government officials have worked together for a common cause. The model being - Prevention and Restoration.

It's an example of how when there is synergy of intention and action, very good results come. It's time for India Vision Foundation now to become the Prime Trainer to train, to transfer valuable learnings, as it has already done in the region. Also now to be a researcher to add to knowledge in this difficult field of sociology, criminology and penology. I am truly grateful to each member of India Vision Foundation for putting in enormous amount of hard work and exercising exemplary leadership. I also wish to thank all partners and supporters who enabled this transformation.

-Dr. Kiran Bedi, Founder - India Vision Foundation







# DIRECTOR'S KEYNOTE

"FOR US AT INDIA VISION FOUNDATION (IVF) last year has been a wonderful year. Our endeavour to reach out to inmates & their children in different capacities has been a success. I am also very happy to see our IVF family grow. We are witnessing rapid growth with your support and best wishes. We are also able to reach to many more individuals & their families by extending our help to them by strengthening our mission to #SaveTheNextVictim."

My most humble regards to Kiran Ma'am for being the best mentor & guide that enables us to do well. I would also like to take this opportunity to thank my team for their support and best wishes always.

As, we enter into the 23rd year of the foundation we vision to spread reforms all over through our projects. We aim to empower inmates and their children through skilling & mainstreaming them. We are also training their families & prison officials by sensitizing them for this cause. Our vision is to move in a direction where we can involve all our beneficiaries & stakeholders through their contribution to make a crime free society.

I would like to extend thanks to our trustees, donors, supporters, well-wishers, partner schools & prison administration for their support & motivation that keeps us going."

-Monica Dhawan, Director - India Vision Foundation

### Art exhibition

A unique art exhibition was organised to showcase art pieces made by prison inmates of Gurugram. This event was in collaboration with Diplomatist (A monthly magazine) & Haryana Prisons at Spice Art Gallery of Metropolitan Hotel New Delhi from 11 November - 17 November 2016. The exhibition received huge support from diplomats from various places and a total of 74 paintings were exhibited during this exhibition. These unique art pieces were created under the able guidance of 'Nishu' Natasha Chadha Bhambri, a Contemporary Visual Artist who has been working as a volunteer with us. This exhibition gave our inmates a platform for recognition and also encourage them towards a self-reliant life.





# HIGHLIGHTS OF THE YEAR...

### **Our work goes GLOBAL**

We are very proud to share that last September our Director Ms. Monica Dhawan represented India Vision Foundation at 'International Symposium on Progressive abolition of violence against children in closed institutions in Central Asia- Kazakhstan'. The symposium explored the importance of separation of children from adults and abolishing the use of solitary confinement. Other key international standards like 'The United Nations (UN) Rules for the Protection of Juveniles Deprived of their Liberty (Havana Rules); The UN Standard Minimum Rules for the Administration of Juvenile Justice (Beijing Rules) and the UN Rules for the Treatment of Women Prisoners and Non-Custodial Measures for Women Offenders (Bangkok Rules) on the importance of disciplinary measures being gender-sensitive were discussed. It was agreed that exchange of information is very beneficial to all personnel working within the penal systems of Kazakhstan, Kyrgyzstan and Tajikistan therefore; such interactions should be continued on a regular basis. Ms. Dhawan took training session with 15 officials from Kazakhstan, Kyrgyzstan and Tajikistan on Role of NGO's in Reformation in Indian Prisons. The participants were happy to know about the Children of Vulnerable Families Project and appreciated the efforts of the foundation. Ms. Dhawan proposed to Penal Reforms International to assist in facilitating a visit of key personnel to India for purpose of a study visit to understand the model better.







Human



### **Recognitions and Awards**

The year concluded on a very bright note. Our foundation was awarded with 'Sach Bharat Saman' for Spirituality at workplace. We would like to extend our gratitude to Assocham - India SREI Times Foundation & all the jury members who found us worthy to give us this prestigious award.

We would also like to give credit of our achievements to your never ending support. We look forward to spread our wings and achieve much more in coming times.



# INSIDE

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# **"WHAT IS THE** VALUE OF **EDUCATION** WHICH DOES NOT **INCULCATE PASSION & FEARLESSNESS** FOR SETTING RIGHT WHAT IS WRONG?"

-Dr. Kiran Bedi



# EDUCATION FOR CHILDREN OF INMATES

THE YEAR OF NEW ASSOCIATIONS AND GROWTH FOR ALL WE WOULD LIKE TO THANK G4S FOR THEIR EXTENDED SUPPORT IN FARIDABAD. G4S HAS BEEN A SUPPORTER OF OUR CRECHES IN TIHAR & GURUGRAM FOR MORE THAN A DECADE NOW

Dr. Ruby Gupta has worked closely with Dr. Kiran Bedi since inception of India Vision Foundation (IVF). She is one of the senior most employee in our present team. She has been working with children under our creche project in Tihar jail no. 6 now for more than 8 years. She is actively engaged with children at the prison and is preparing them to be bright individuals by nurturing them with Sanskar and play way education. Likewise Tihar we are also running our Creche project in Uttar Pradesh & Haryana prisons.

# **ABOUT CRECHE**

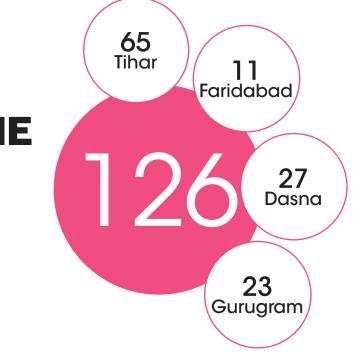
Children below 6yrs of age according to the Supreme Court ruling are allowed to stay with their mothers inside prisons. India Vision Foundation (IVF) supports them under Crèche project by providing robust health, nutrition benefits and basic nursery education through play way methods. This year we reached total of **126** beneficiaries.



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### Dr. Ruby Gupta, Project Manager, Tihar Creche





# This year also marked our association with Petal school in Faridabad & Dasna.

"Petals school is proud to be associated as education partner with Faridabad & Dasna jail teachers and children. It gives immense pleasure to provide education to children who have been deprived of free life. Providing training to teachers who impart education to these children help us to repay our debt to the society who has given us immense opportunities. I hope me and my team can work together and bring light in life of these children. I have all praises for the teachers and coordinator who tirelessly work for the upliftment of the jail inmates and their children."

—Preeti Kwatra, Director, Petals School





# **THE YEAR'S HIGHLIGHTS OUR TODDLERS IN ACTION!**

### TIHAR **Exposure Trip** to Siri Fort Auditorium

An exposure trip on the occasion of Annual day with Petals School was organised. Our tiny tots performed a group dance on 'Dil Hai Chota sa Choti si Asha' mothers of these children were very happy to see that their children were able to go out and enjoy.



Marching all the way A small rally was organised with Crèche children inside prison. Our little ones looked very happy & were all set with tri colour flags to march around the female ward inside prison.

### **GURUGRAM Birthday Celebrations**

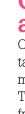
We initiated birthday celebration for our Crèche children in our Gurugram prison. This initiative was appreciated by the DG prison and is now replicated across all prisons of Haryana



### Holi hai... When our children decided to play with colours this Holi and spread joy among everyone!









FARIDABAD All set with a new crèche a room full with joy & happiness.

### Joining hands to thank almighty qod





### **Our little Krishna with** his Radha

Shakti, 4-year-old enjoyed his avatar of Krishna this Janamashtami. His dance with Madhu 2-year-old her Radha for the day.

for his blessings! Our children start their day with a small morning prayer.

### DASNA **Our budding** artists

Our kids at crèche are super talented. Using rice, they have made these beautiful paintings. This is how they create magic from their little fingers.





### **Yoga with Kids**

For healthy well-being of our children we decided to train them in Yoga. These tiny hands and feet go around and round while exercising. It is the most fun activity as per our project coordinator she shared 'Our children enjoyed the most during this activity.'

### **Celebration time with** our munchkins



Jingle all the way - Celebrating Christmas



Children's Day Celebration



Children celebrating Diwali inside crèche Premises.

Dance performance by our children for Independence Day

# Here's a glimpse of Birthday Celebrations in Tihar, Gurugram, Faridabad & Dasna crèches with children.

We believe that every child is special in their own way and in order to make our children feel special every month we celebrate birthdays of our children. Glimpse of our birthday celebrations all the way from our different prisons.











# THEY MADE IT TO SCHOOL

In 2016 -2017 we identified children from the prisons of Tihar, Gurugram, Faridabad and Dasna (Ghaziabad). The crèches of respective prisons played a vital role in the admission process of the project in 2016. All children were well prepared with the basic english & hindi lessons on alphabets & poems.



**Rishabh from** Faridabad Ashadeep Foundation



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Avneet from Tihar Assisi Convent School



Rakhi from Tihar Assisi Convent School



Sushant from Tihar Fr. Angel



Mehak from Faridabad

Jannat from Dasna Ashadeep Foundation



Nandini from Tihar Fr. Angel



Yash from Tihar Ashadeep Foundation



Vikas from Tihar **Ashadeep Foundation** 



Hasi from Tihar Ashadeep Foundation

# **CHILDREN OF VULNERABLE FAMILIES PROJECT (CVF)**



**Pearly Paul Sanil** Project Manager, Children of Vulnerable Families (CVF) project

Pearly started working with the project in 2008. She is currently working as a PhD scholar on the topic 'Impact of social support on adolescent children of incarcerated parents' from Jamia Milia Islamia. She is considered as the mother of these children and her role is very vital for the project. She feels that children of incarcerated parents are one of the hidden victims of incarceration. She says "I want to see these children as responsible and contributing individuals to the society. This year we vision to orient our CVF children for competitive exams for higher education & jobs."

# ABOUT

Children after the age of 6 generally lose their way they are usually subject to abuse, neglect, exploitation and trauma therefore they come away from a quality childhood and are at a risk to get influenced and drawn towards bad company. Innocent children of incarcerated families usually end up being liabilities to their extended families and even close relatives due to many reasons. We take these children (over 6 years) under our wings and help them to complete their primary and basic education through Children of Vulnerable Families project (CVF). This year we reached total of 200 by three major interventions.







# **A SNEAK PEAK INTO ACTIVITIES UNDER CHILDREN OF VULNERABLE FAMILIES PROJECT (CVF)**

## **Summer Camp**

A 12-day summer camp was organised by the foundation in collaboration with SOS village. We divided children into two groups according to their age groups. First week started with storytelling while second week had art & craft classes for children, the third week had theatre workshop followed by a workshop by Parwarish, an institute working for parents and child welfare on Phonetics & Sports. Final day of the summer camp was graced by the presence of MLA Mr. Ved Prakash our children gave a group dance & song performance on his arrival. He was very happy to see that such initiatives are taken by the NGO's and are helping children to learn through different methods.

One of biggest highlights of the year and first of its kind initiative taken by India Vision Foundation (IVF) in joint collaboration with our sister concern Navjyoti India Foundation. This ramp walk created platform for the children from incarcerated backgrounds to showcase their talents and boost their self-confidence. Our children gracefully walked the ramp and were very happy to be a part of this initiative.

### **Kids on Rampage**

### A visit to **Mother Dairv**

A first of its kind visit by 20 children from Community and 10 kids from Residential Support Program. This visit was planned so that our children get to know about how they get milk and how is the production of these products done. Children relished ice cream & flavoured milk at the unit and enjoyed a lot during this visit.



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### Family Meet & Awareness Session by Parwarish, an institute working for parents and child welfare.

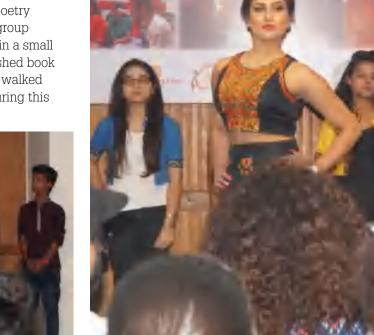
A family meet was organized for parents. More than 42 parents were a part of this meet. With aim to know the project's activities for the year and also to make them aware & understand their role in child upbringing. During this session by team 'Parwarish' an equal opportunity was given to parents to discuss & share their issues and blessings of parenthood.



### **Content writing workshop for children by SoChe Foundation**

This year we made our children aware of literature world, our project joined hands with Soche, a not-for-profit social enterprise working towards environmental conservation, social upliftment and Corporate Social Responsibility (CSR) advisory) to be a part of this initiative. A poem & story writing workshop was organised at Bawana Community Centre. This workshop was helpful to evoke the talent of poetry storytelling out of children. After this workshop 4 group poems & many individual poems were published in a small book in the name of Nature's Jamboree. The published book was released on World Environment Day. Our kids walked the ramp and also recited their stories & poems during this release event. SOCHE

ORLD ENVIRONMENT DAY CELEBRATION





# **RESIDENTIAL SUPPORT PROGRAM (CVF)**



# ABOUT

The Foundation's residential school facility is for children whose parents (or one parent) are in prison, and whose other family members are unable to take care of them at home. Six schools have partnered with the Foundation to offer this facility. With a vision to bring about holistic development of children we also incorporated psychological intervention in 2016 to improve our capability of our children to deal with stress, problems.

### Ajay Singh, Project Coordinator, Residential Project (CVF)

Ajay has been associated with the cause now for more than 3 years. He is a engineer by profession but his passion to work with children made him choose to be a part of NGO sector. He believes that children are the future of the nation and therefore, they should not be denied with basic facilities that can help them to be better contributors. He says 'The challenges for these children coming from incarcerated backgrounds is far more than other children coming to the hostel from any different background. It is my duty to help these children to be a part of normal society and schooling so that they do not get back to the background where their parents crime lie.I vision to help these children through various workshops, exposures & counselling and this year I want children to get good grades and actively participate in activities beyond hostel in school.'



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# **INTERVIEW**

# **OUR NEW PARTNER'S JOURNEY**

### Ms. Jothi Chetty

Ms. Jothi Chetty is the Chief **Executive at Asha Deep** Foundation one of our Partner schools.

#### Q1) How has been your experience of working with children who hail from families of prison background?

I have had a good experience while working with these children. But, as we all know every new thing comes with its own drawbacks and advantages. In initial months it was a little challenging to work with these kids since they come from a very contrasting background and have their emotional attachments back in their communities and parents. Their understanding to residential school system is a little less and therefore they take more time to adjust as compared to any other child. Also, their behaviour & redressal mechanism is a little different to small things, issues, problems but I must say we have

seen a significant change in these children since last year.

#### Q2) What are the

#### significant changes that you have seen in Children who have been enrolled by India Vision Foundation?

As we work I see that we have to give a lot of time to them in order to understand their requirements and also situations as compared to other children in the hostel. Since, their



# **LET'S WORK TOGETHER TO CHANGE THE WORLD**

background is different and many have seen the crime happening or many have had indulgence in crime we have to be really cautious in terms of understanding their behaviour, emotional and aspirational needs. Looking to a positive side I see that children enrolled with us have a vision and dream to academically prove themselves and be successful

individuals which makes a lot of difference in shaping their personality.

### **Q3)** What is your Vision towards working for these

children?

We vision to enrol as many children as possible and help them to be bright and self-reliant contributors to the society. We at Ashadeep wish to make a huge difference in lives of children by supporting their education and other basic needs.



# **OUR INTERACTION WITH CHILDREN AT RESIDENTIAL SUPPORT PROJECT**



# **A Small Workshop**

A small workshop was conducted to teach children the importance of respect for elders & also among each other.

### **Mother Child Meet**

To strengthen the bond between parents and children every quarter we make sure that our children meet their parents.





### **21** Annual Report 2016 Thanks for the health camp -**Fortis Foundation!**

To keep a check on well-being of mind, body & soul Fortis Foundation conducted a health camp for children. They did various tests to diagnose basic ailments in individuals of this age group. We are very glad that Fortis took this initiative for our children. After this check-up they distributed medical kits to children and also explained the relevance of a healthy life. Further, the foundation did a follow up for the same.



**Sensitizing Children** on Child abuse and molestation through session on "Good Touch Bad Touch"



**A** Session on effects of Labelling.



# **A NEW DIMENSION** - PSYCHOLOGICAL INTERVENTIONS

### Sania Girdhar, Psychologist, Residential Project (CVF)

Sania has her specialization in dealing with children. She believes that learning should be done in an innovative, interactive way where children are able to learn new and better things. They should be able to connect with what they learn. She says that 'Learning is a two-way process and through my sessions, I try to help them handle their emotional stress and also teach them how to face various challenges in life. She motivates them to think positively.' Her vision is to help children to be financially stable and also able to deal with emotions in right way. She aspires to strengthen children emotionally so that they can do well not only in their day to day life but also in future.



# ABOUT

Coming from disturbed backgrounds bring a lot of direct & indirect effect on psychological, mental and physical well-being of any individual. Children are more vulnerable to fall in trap of these situations when they are exposed to any such conflicting or stress prone environment. In order to help our children, we decided to help them to deal effectively with stress and any negative thought process that hinders their healthy growth and development by introducing a psychologist for our children.

# **OBSERVATIONS**

Not every problem is serious, the severity and intensity varies from person to person. The signs also need to be in association with other specific symptoms. No single sign or symptom can diagnose a psychological problem. In the beginning, we tried to identify the issues that they were facing. Further, monthly themes were selected on the basis of which each activity was planned and was given sufficient time to practice the same.

In Ashadeep Foundation & Assisi Convent School according to the overall observation of the whole group I identified few common issues like emotional trauma, low concentration level, discipline, use of abusive language, poor hygiene, low self-esteem, poor group coordination, poor English grammar and spellings, difficulty in reading Hindi and English, limited knowledge about good hygienic practices, basic academic concept.



### Lunch Bunch Game

Children at the residential schools were mostly scared to share their personal thoughts process & feelings towards anything small or big. Therefore, there was an immediate need of intervention to help them to communicate their feelings. A series of games were conducted throughout the spread of one month out of which this game was the most appreciated of all. In this game, colourful sheets were distributed among children and were asked a set of questions based to share their own positive qualities & as well as appreciate others. Children actively participated in this game and many got to know new things about themselves and felt very happy and celebrated!



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# ACTIVITIES UNDER PSYCHOLOGICAL INTERVENTIONS



### **Belly Balloon Break Session**

According, to the observation by our psychologist it was seen that children had small groups and quarrels from time to time on small issues. In order to help solve this a series of games were conducted to make children aware of How to behave in a group and work with each other for better results. In this game children were divided in groups of two and were asked to blow balloons and burst them through their bellies without touching the balloons. They were deliberately divided into other pairs then the existing groups. This activity helped children to not only enjoy with different children but also corporate & adjust with their partners.



**Snowball Fight: A** 

emotional conflicts

session to reveal various

By far the best and most enjoyed activity of the year was a Snowball fight. As the name suggests, it was an activity about fighting with paper balls with each other to make them respect and aware the differences between each other. These paper balls were not ordinary paper balls these balls were

made out of rolling papers that had strengths and

written on the papers. This helped them to realise

what are the strengths and flaws in their whole

session with the paper ball fight these children were told to unroll these balls, read and discuss the points

weakness of their batch. After a good laughing

### **Gems anger Game**

With an aim to help the children to handle their aggression issues and also to teach them how to win over anger and situations that make them angry. The interesting thing about this game was that children had to pick a gem (edible candy) without seeing the colour. According, to the colour one had to share the



question's answer which was coined as per the colour of the gems. This technique was to know how they deal with their anger in different situations and how they cope up with the same.

### **Improvements after the interventions**

batch.

We observed that children have started interacting with each other in more fun way.

- Taunting each other and level of aggression has reduced on the other hand level of cooperation and coordination has increased.
- Their self-confidence, hygiene practices, self-care, basic knowledge has improved.
- Partner- child relationship has helped younger children to adjust easily with daily life challenges with help of their elder partner.
- Children now are able to introduce themselves in English and are also learning how to initiate good conversations.
- They keep practicing few sentences in English which they speak in routine life. They have learned to greet people in English and actively do that. These positive details have helped us to identify the key areas where we can work more and provide good solutions.

# HOME SUPPORT PROGRAM (CVF)



### Rahul Kumar Choudhary, Social Worker, Home Support Program(CVF)

Rahul is a professional social worker with specialisation in family & child. He has been associated with the cause since April 2016. He loves his job and always tries to give a new innovation in day to day activities related to child rights through his expertise. He believes that every child should receive quality education and should be given a platform to explore his/her talents. He promotes that every child should be able to learn and contribute for betterment of the society.

# **ABOUT**

The only project of its kind in entire north India, India Vision Foundation's home support facility allows prison inmates' children to study while staying with their families. These children usually have someone to take care of them at home, but their families are not financially strong enough to support their education. The Foundation's project, hence, comes as a godsend for them. The project opens a bank account in the name of each beneficiary or her/his guardian.

### Mohd. Ahsan.K,

#### Project coordinator, Home Support Program(CVF)

Mohd. Ahsan has been associated with us for more than a year now. He is a very passionate individual and looks forward to make a difference in lives of children from incarcerated backgrounds. He regularly visits children under our project at their homes. He counsels, motivates and helps them for their education and family issues. He also counsels family members to address various issues regarding their children to ensure better development of their child.



### A day out with Children to Lotus Temple

A first of its kind exposure trip was conducted for our Home support children. Our children never got an opportunity to explore the outside world they always remain confined to their routine of school to home and vice versa. This time we took our children for a visit to Lotus temple. Children were happy to see the Lotus temple and also asked many questions from our coordinators. They were very happy to roam and play around. After the visit the kids enjoyed a very good meal at McDonalds. It was a fun filled learning experience for them.



### **Thank you Bata!**

Our kids were happy to get shoes. These small gifts make a very big difference in the lives of these individuals. Children loved their shoes



and showed our project coordinators by wearing them and posing for pictures. We once again Thanks Bata for this lovely gesture.

# ACTIVITIES UNDER HOME SUPPORT



### **Community mapping**

A community resource mapping exercise was conducted with our Home Support children to sensitise and also make them aware about the resources that they can use in coming times. A complete exercise was done to map different places like Anganwadi, Hospitals, Schools, Banks etc. The aim was to make them better informed and



resourceful. Our project coordinators also visited and connected them with training & vocational training centres so that when their vacations start they will be able to enrol themselves into vocational courses/ trainings of computer and English.



### Sharing information about Child Rights

In order to make children aware of their rights a session with every home support child was done. We introduced children to their basic rights like:

1. Right To Protection: Safe Environment, Protection from Abuse & Exploitation.

2. Right To Survival: Health & Hygiene, Shelter, Nutrition, Standard of Living.

3. Right To Participation: Freedom of Expression

4. Right To Development: Education, Culture activities, Freedom of Thought





# **WORKSHOP** CONDUCTED FOR PARENTS **ON HEALTHY** PARENTING

A first of its kind workshop was an initiative by project coordinators Ahsan & Rahul of Home Support under the guidance of Mrs. Pearly Paul, Project manager. As per the observation of our coordinators they found that there is a significant gap between parents & children in terms of communication, bonding and much more. We realised that as a foundation we are the only means of bridging this gap between them to make them self-reliant and independent in all capacities. Poor Parenting & Bad Parenting styles influences a child in every aspect like children's health, behaviours (physical activity and dietary intake), communication, learning, social appearance, progress and many more. It is the largest variable contributing to childhood illnesses and accidents; teenage pregnancy and substance misuse; truancy, school disruption, and underachievement; child abuse; unemployability; juvenile crime; and mental illness. Many parents raised questions and queries stating various circumstances and behaviour that often leads to aggression and beating. Our coordinators gave them practical solutions to resolve such situations. After successfully completing this workshop in several visits we could see that parents were taking keen interest to know updates of their children. Many children shared that my parents have started talking to me more now. Such workshops are very important to make parents aware of whereabouts of their children.

# **COMMUNITY EMPOWERMENT PROGRAM (CVF)**

# **Alka Pandev** Project Coordinator,

# **Community Empowerment Program**

Alka is an active individual working with communities for more than 4 years now. She got associated with us in March 2016 with Bawana. She firmly believes that her actions are leading to welfare for many individuals directly & indirectly. According, to her she says that ' My efforts are not for a short duration but it is for a longer benefit to the community.' She regularly tries to motivate the children and counsels them to be better than yesterday. Presently, she is trying to establish skill building & extracurricular activities like theatre, poem writing with children.

# ABOUT

With regular visits and small summer camps we tried to make a difference in lives of children residing in the marginalised areas of Delhi. After school and in summer break our children started coming back to the community. We found that there is an urgent need for community visits. Therefore initiated our community visits and did counselling and awareness sessions for 60 children in our community. With regular follow up's and rising numbers we decided to start a Community Centre in 2014 where we not only did our counselling and awareness classes but also opened a library and allowed children to play games. Today, many children from community use the centre as a study hall when they have space crunch or some family issues. This project is towards empowering young minds in communities for a better future.





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# **EVENTS** THROUGHOUT **YEAR 2016**

### **Training at National Institute for Social Communication**, Research and Training (NISCORT)

14 selected children from Bawana community attended a three-day residential training programme at NISCORT. The aim of the program was to prepare youth for making e-community magazine.









### **SWACH MELA - A** step towards clean India

Our children became a part of 'Swach Mela'. This was a health and hygiene awareness campaign in collaboration with Nine is Mine (In response to Nelson Mandela's call to keep our governments accountable to their promise of halving poverty by the year 2015 and ending it by 2025, children in India have rallied themselves into a movement called NINEISMINE). 30 children from Community Program from Bawana was a part of Swach Mela Abhiyan.





### **TRAINERS SPEAK**

### Mrs. Vera Garg

High School Service Coordinator, **TOK and History Teacher from American** Embassy School for Teach India Program



So we started three years ago with India Vision Foundation (IVF). Teach India Program is a need based program like one NGO which wanted to develop computer skills among their kids. In order to train them in computer skills we developed all 12 modules according to their needs like how to work on Microsoft word,

PowerPoint and so on. We did same for India Vision Foundation kids as Pearly, said they need training for conversational English as it is very important. We didn't want to do something that may not be meaningful for these students therefore, she gave us the background of their parents if they are coming from prisons or are they living with them. So our kids created tailor made module for them. We also adapted the same and like in our first module. We use to ask what did your parents do? This time we changed that question because we didn't want the students to be embarrassed.





A 3-month learning program by American Embassy School. A wonderful opportunity where our students got chance to interact and learn from senior students of American Embassy School under this interestingly designed program. More than 30 students from our community were a part of this program. From science to theatre & role playing our children enjoyed every session thoroughly.

### **BYTES FROM THE TEACH INDIA PROGRAM VOLUNTEERS**

### Riva.

### Trainee leader 2017, Teach India

Riva is 10 grader at American Embassy School She was one of the volunteers during 2016 session. She will be one of the leaders for 2017 session. While sharing her experience with us she said: 'It was really a very nice experience they were a very good group of kids and showed



good interest in learning. I think they were very engaged and used things from sessions and taught each other too. I feel that such interactions are very important and it gives them a chance to achieve more in their lives and do better. Out of one my fond memories I would like to share that when we went to playground we were swinging on tyres I could see how Pinky & Najma were happy & enjoying. It was really nice to see them try to speak in English and talk to me to describe how they felt.

### Isha.

#### Leader 2016 . 12th class

'It was really nice I must say they were very motivated. I clearly remember that Priyanka use to raise her hand and always asked many questions which showed us a good sign of inquisition from her end. I have worked with various NGO's I did not expect these things from them they

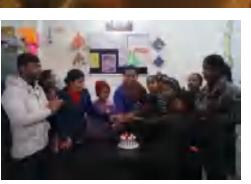


were pretty advanced and while we use to teach them through laptops & power points they were able to learn quickly and were very happy in short they exceeding my expectations!



# GLIMPSE OF BIRTHDAY CELEBRATION 2016















# **ABOUT**

Today, India Vision Foundation Alumni association engages alumni and students as future alumni in the life of IVF in the broadest sense. We do this with the dual aims of enriching the lives of our existing students and building support among one's who have graduated. With network of over 100 alumni presently, our alumni group helps and try to support their juniors and also be the guiding force for them. Many existing students listen to their success stories and think them to be their role models by striving really hard to be one of them or like them.



# SUCCESS STORY OF VIJAY

# FROM DUST TO DIAMONDS

#### Story of Vijay a shining example from Children of Vulnerable Families Project

'I still remember when Chander Bhaiya(Presently, heading accounts department at IVF) came to meet me at our house, I was 13 years of age. I was already studying in a government school and use to live with my father & sister until my mother was inside prison. IVF helped my sister Neha to get enrolled in Assisi Convent School, Noida in nursery under a residential set up.'

Vijay's mother was imprisoned as an undertrial for 4 years in Tihar prison under the case of kidnapping. He used to live with his paternal uncle while her sister lived with his mother until she got released.

Today, Vijay works with one of a very renowned automobile company as a Pro technician and he gives all the credit of his success to the foundation.

Mr. Chander Shekhar shared with us that 'Vijay was a very introvert kid he never even spoke a single word in front of me. When I tried to ask him anything he use to look down and maintain no eye contact with me whenever I asked anything. Today when I see him as a confident and successful individual I really feel happy and proud that we have saved one of the next victims to crime. Vijay was not academically strong and he was too shy to explore his



"EVERY SUCCESS HAS A STORY BEHIND IT. HERE'S MINE." - VIJAY

interests I still remember the first thing he shared with me while talking was his interest and love for cricket & Sachin. He talked for hours about the same with me and I was happy to speak more and more with him. This session actually helped us to break ice between two of us from my coming visits I was able to see that he became quite keen and use to look forward for my visits. He confessed many things and usually confined his talks to me I started to realise that he does not share a very good bond with his father and due to absence of his mother felt lonesome. I kept my counselling sessions on with him and also helped him to find tuition classes so that he picks up in academics. Seeing his academic status after few months I felt that it is important for him to gain a skill. Therefore, we got him enrolled in ITI for Motor Mechanic Wheel(Vocational Training) and for 11th & 12th through open school.'

Today, when we see Vijay we see him as a different person he is actively engaged in interacting with so many people around his workplace at our foundation near his residence and who not. He even involves himself in social work by helping nearby families through finance, food or any kind of help they might require. He is a responsible, self-reliant individual supporting his family and also giving back to the society a perfect reflection of our nurturing and mission.

# MAKING THEIR WAY FOR HIGHER EDUCATION

Sl.No	Name of the child	Course completed	Current status
1	Preeti Malik	12th pass	Joined TKWS for Banking and Finance, Pursuing B.Com. at School of Open Learning - University of Delhi
2	Priyanka Sharma	12th Pass	Joined part-time job as a Tuition Teacher, Pursuing B.Com. at School of Open Learning - University of Delhi
3	Akshita	12th pass	Pursuing B.Com. at School of Open Learning - University of Delhi
4	Rizwan	Completed diploma in Automobile Engineering from JKP Polytechnic	Searching for a job, Part of small scale business
5	Nagama	12th pass	Pursuing B.Com. at School of Open Learning - University of Delhi
6	Aminoor	Completed Bachelors in Physiotherapy	Successfully placed in a renowned hospital as a trainee
7	Sanjay	12th pass	Pursuing B.Com. at School of Open Learning - University of Delhi

# FROM CRADLES TO CAREERS - SUCCESSFULLY PLACED!



Vinod, Hero Honda as a Trainee



Priyanka, Beautician



Tabassum, Quality Analyser, Itellinet Global Services



Sangeeta, Executive at a Real Estate Firm



Sapna, Beautician



Nazreen, Beautician

# **INSIDE PRISON PROJECT**



His association with the foundation is beyond 10 years now. Mr. Ravi is a learner and he believes in spreading smiles & also motivating inmates to be a part of the reformation process. He interacts with inmates and tries to identify their strengths and weakness by helping them to mainstream through activities. He tries his level best to counsel and reform inmates so that they do not get back to the prison again. Mr. Ravi visions to make this project a model project at International Level.

# ABOUT

For over 20 years now, India Vision Foundation has been working towards its mission of reintegration, rehabilitation and reformation of inmates, by building their capacity in various skills. With the aim of giving them a new life when they leave the prison, by enabling them to become financially independent. In 2016, we have reached to 7500 inmates across through our projects.

# **"CRIME IS A PRODUCT OF A DISTORTED MIND."**

-Dr. Kiran Bedi

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### Dr. Poonam Singh, Prison Project Manager

With her firm believe in empowerment & development for females and their children Dr. Poonam Singh joined us in July 2016. Her association has benefitted us not only with her expertise from the government sector but also her passion to work for welfare of females has helped us to get more females on board for reformation activities. Her multitasking in terms of finding family members & internal counselling have resolved many issues till date. Dr. Poonam is pursuing her law degree now and wishes to enrich lives of many more females in coming times with this project.









# HIGHLIGHTS

### To a healthy Life - Celebrating International Yoga Day

On this international Yoga Day we in collaboration with Haryana Prison Administration practised Yoga with our beneficiaries across 19 prisons of Haryana. This is a first of its kind initiative taken by our foundation and Haryana prison. Eid

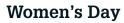




Janmashtami



Raksha Bandhan





# Celebrating 22 years of Success!

This year we celebrated our foundation day with our beneficiaries at all our project sites. We are what our beneficiaries make us and therefore this time we decided to spend this special day with our beneficiaries at our sites. Fun filled activities with various project coordinators, managers was organised with our beneficiaries all over.



### Diwali



# GLIMPSE OF ACTIVITIES



Holi



Christmas

**Republic Day** 



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# **INSIDE TIHAR PRISON**

### Rekha Sharma.

Superintendent, Central Jail No.06, Tihar, New Delhi

"I always believed in the concept that their should be a joint system. A system for the reformation and rehabilitation of the offenders. Team India Vision Foundation (IVF) is doing exactly the same. All efforts that they are making for reformation of women inmates of CJ-6 as well as for their children is commendable, I am grateful for their tremendous work. I wish India Vision Foundation continues to do the work they are doing with the same spirit. "





### Ms. Tullika Kiran, Prison Project Manager,

**Tihar Prison** 

Ms.Tullika Kiran's journey started in 2004 with our sister concern Navjyoti India Foundation in Jahangeerpuri as a volunteer. Further, she joined India Vision Foundation Team in 2009 as a Project Manager in Tihar in jail no 6 & 5. She manages and supervises the beneficiaries regular activities and facilitates visits in jail. She has been actively reaching out to female beneficiaries for post release program by counselling and helping them in re settling back in the society by providing them suitable locality to stay and also job opportunities for their livelihoods.

# ACTIVITIES THROUGH THE YEAR

### **5th National Conference** of Prison heads of States and Union Territory on **Prison reforms**

75 delegates including DG's from different states of India visited Jail No.6 as a part of the conference. They were very happy to see the activities inside the ward and also interacted with the beneficiaries and appreciated the foundation's effort.

# **Spreading** awareness on AIDS dav

SUCCESS











Our street play team 'Rising Stars' performed a play at ward no. 8 weaving behind bars (WBB) center. The play was downloaded in tabs of library and inmates were very curious about the topic. They raised many questions after the play. Their active participation made the program a



### Samvidhan **Divas**

A live telecast of a program on the occasion of 'SAMVIDHAN DIWAS' from jail number one was done. Ms. Surekha Gupta, Delhi High Court Judge was the chief guest of the program. She heard the problems of the prisoners about the payroll & cases. A street play named as 'Court Martial' was performed by inmates. This play was directed by Farukh Siddige the Director of 'Peepli Life'. After, the telecast the play was also performed in jail number 6.

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# **INTERVIEW**

# **A WAVE OF** REFORMATION

# In conversation with Sh. Yashpal Singhal, DG Haryana Prisons

# Sh. Yash Pal Singhal.

Director General, Haryana Prisons

Sh. YashPal Singhal, is an IPS officer from 1983 batch, prior to appointment he was the Director General Police (DGP) of Haryana Police. He has also served as the Director General of Vigilance Bureau.Today, with his able guidance and mentorship Haryana Prisons is witnessing a huge wave of reformation.

#### What is the journey of reformation that Haryana prisons have witnessed?

Harvana prisons have witnessed a very drastic change. It is also said that a wave of reformation has trickled down from one to another. As far as I have seen there have been many small, big significant and remarkable changes in terms of maintenance, cleanliness and innovation across all the prisons. When I look back I see a very contrasting picture as per the conditions inside prison premises. However, I must say that few prisons were already working in the direction of change. Majorly, maximum changes penned down when the collaboration with India Vision Foundation started in 2012. They started working in Gurgaon (Now Gurugram) prison from the scratch and today we see the prison as a model prison for other prisons across India. I think this collaboration has been a boon for the prison. Today when I look towards 2016 I see that it has been an



eventful year. This year has brought a lot of healthy competition among all the prisons across Harvana.

#### What is the role of India Vision Foundation in bringing the wave of Reformation?

India Vision Foundation (IVF) has been associated with Haryana Prison for more than 4 years. I feel that India Vision Foundation has played multiple roles in bringing a wave of reformation they have not only worked for the inmate's' progress by introducing their 3 S model of Shiksha(Education), Sanskar(Value Education) and Skills (Training & Development) but also have worked as a facilitator between the administration and the inmates. With last year trainings I see them as pioneers in training prison officers to bring reformation in prisons. I am very happy to see this NGO working with such consistency and efficiency as many NGO come to prison and do not work. The major contribution of IVF has been to bring corporate near to

Administration by becoming a reliable link. Corporate had faith in IVF and IVF had in Haryana prisons and vice versa. Because CSR funding was available for Haryana prisons which in turn immensely helped in reformation. I feel IVF is doing a wonderful and I wish them the best and keep the work cycle on.

#### What is that one thing that makes Gurugram prison stand out as role model for other prisons.

I feel the credit goes to the efforts of Mr. Harinder Singh, Superintendent, Gurugram prison and India Vision Foundation (IVF) collaboration. They have worked as a team to uplift and also polish the prison inside out. From infrastructure to the quality in skilling inmates they have tried to deliver the best and this is how the prison had become the much talked about one. I feel if anywhere anything good is happening it will be recognized at times immediately or eventually with time. I feel this collaboration model between IVF and Haryana Prisons is delivering very visible & quality results.

As a foundation under our capacity we have reintegrated many inmates how do you feel about this? Also, are you planning to put forth any steps for post release of inmates in collaboration with the foundation?

It is a wonderful thing, I feel that there has to be someone who has to close the loop and help an individual to rebuild their lives from a new base. This is by far the best initiatives taken by India Vision Foundation.

# **INSIDE GURUGRAM PRISON**



# **ACTIVITIES THROUGH THE YEAR**





# **Decorated** Gurugram Walls

The combination of

enthusiasm, patience and perseverance got the creativity to spread it's best hues on this giant 5000sg ft canvas of the facade of the prison. Our ART therapy has worked wonders we started with an art workshop through ART CONNECT soon enough entire prison became our canvas!

\*\*ART CONNECT is a Pilot Art Project being run at GURUGRAM DISTRICT PRISON Harvana by 1) Mr. Harinder Singh. Superintendent, Haryana Prison Department, 2) Monica Dhawan Director IVF - India Vision Foundation - (An NGO initiative of Dr. Kiran Bedi) and

3) 'Nishu' Natasha Chadha Bhambri - Indian Contemporary Visual Artist - (Art Connect)

### Mr. Harinder Singh, Superintendent, Gurugram prison

I feel that the wave of reformation was started by Dr. Kiran Bedi in early 90's. I have witnessed the wave of reformation in Haryana prisons in recent years. As Superintendent of Gurugram prison I feel reformation is an ongoing process it took us 4 years to be a role model. We further invited prison officials from different states and train them for the same through our trainings. We showed them how reformation can be done and also motivated them to complete their targets towards a reformed prison. This would not have been possible without right direction from Sh. Yashpal Singhal, Director General (DG) Haryana prisons. I am happy that Gurugram prison became a live example of the reformation process. I would like to highlight one of the examples - replication of software developed by an inmate named as 'Phoenix' and birthday celebrations of children under the crèche project. I feel Haryana prisons are moving towards being better and more sensitized.





### **KIIT Asia Media** Coordinators visit

22 media delegates from different parts of the world visited Gurgaon prison as a part of their study tour under the 5th International Media Conference by East West Center, Honololu in Collaboration with KIIT group of Colleges KIIT Gurgaon. The visitors were very happy to visit the prison and gave a very positive feedback. Most of them wanted us to replicate our prison reformation model in their respective countries in order to bring a change in their prison administration.

### Hon'ble Mr. Justice Madan **Bhimarao Lokur, Supreme Court** visits Gurugram Prison

Mr. Lukar saw all the ongoing activities at respective centers he was very happy to see the learning environment at the prison after his visit he wrote shared his feedback with us here's what he wrote







Bakery Unit in any analog by Sh. Yash Pal Singal, re Durs otor General (Printed) in the Preserve of Mr. Harinder Singh operintendent of Prison Oth November 2016

# FEMALE HYGEINE PROJECT minfact, par 10th A

**Towards better and more!** 

Mamta Agarwal from Lions Club.

Inauguration of Bakery unit in male ward & installation of Sanitary Napkin Machines at Gurugram by Sh Yashpal Singhal, Director General Haryana Prisons, his wife, Mr. Subash, President Rotary Club & Mrs.

Pawan Khatana. **Project Coordinator Female**, **Gurugram Prison** 

Pawan has been associated with us now for more than 4 years now. She has been actively engaged with female inmates in Gurugram Prison. She says 'Working with females is a tough task they are very vulnerable to depression and take a lot of time to come out of stigma. Mostly, they like to sit idle and waste their time as a coordinator I have to actually pursue them and also motivate them to be part of regular activities. Females have

a tough time to re integrate and usually are extremely concerned about their future and families.' Pawan tries to help them by talking regular one to one counselling session and motivating them to have a positive outlook towards life. Her vision is to help individuals to re integrate well in the society and not get to crime again...



Faizan is Masters in Social Work from Aligarh Muslim University(AMU). He has been associated with the

team since June 2016. He believes that 'Social work is a tool to help them(inmates), so that they can help themselves in coming times' he feels that they(inmates) deserve a second chance and his active contribution to this second chance is through innovative ideas in reformation activities. Faizan is passionate about writing poetry and he definitely uses this art in his daily work routine. His vision is to see inmates of Gurugram prison as reformed individuals and self reliant contributors to the society.







# **GLIMPSES OF GURUGRAM PRISON**



**International Education Day** 



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# **INSIDE FARIDABAD PRISON**

### Mr. Deepak Sharma, Superintendent, Faridabad prison

India Vision Foundation (IVF) has been associated with Faridabad jail for more than a year now. I would like to appreciate them for working for the reformation of the male & female inmates. Their staff comes regularly and are running different activities with them. They motivate them and help them to be a part of these activities. I feel that their higher attendance in activities is because of their regular visits and motivation. I see that there has been a huge change in the nature of the inmates, earlier some of them use to be very aggressive in their nature. This shows a positive response of their working I would like to quote an example - that recently High Court Justice came to visit the jail and he was impressed to see the talent of the inmates and appreciated the team a lot!







# This time we celebrated Children's day with Prison Staff children & also introduced Khuli Mulagat(Open Meet)

In order to celebrate never ending support of the prison staff this children's day we decided to engage children of Prison administration in our activities at all our prison sites. Children enjoyed a lot and played many outdoor games they were very happy to be a part of this activity. Another unique initiative was initiated by prison project manager Dr. Poonam Singh - 'Khuli Mulaqaat /Open Meet' children and their mothers both got very emotional after this meet and thanked the foundation. We can not thank enough Superintendent Mr. Deepak Sharma of Faridabad prison who made this possible for us. This initiative was specially done to celebrate Children's Day with children who can not meet with their mothers in person.

at Faridabad prison by Dr. Kiran Bedi, Lt. Governor Puducherry, Yashpal Singhal, DG, Haryana Prison and Ms. Rupan, CSR Head introduced. Tabs were installed in the ward for reading & viewing motivational videos.



G4S. With a vision to bridge gap between technology and inmates this activity was

# **WE WORK AS TEAM** WITH OUR PRISON **ADMINISTRATION!**

### **Skilling all - Introducing** new Beautician Course at Faridabad Prison

Most of the inmates in the prison have low literacy levels therefore in order to help them to get a vocational training a new skill was introduced for female inmates. This skill was purposely introduced in order to help inmates to start their own livelihood after release.

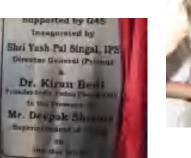


### Mrs. Santosh Kumar. **Project Coordinator Female, Faridabad Prison**

Santosh has been working as a social worker for more than 13 years now. Her expertise of working with females & children drew her attention to this role at Faridabad Prison. She joined us in July 2016 and since then she has been working with inmates to bring a progressive change. She firmly believes 'That regular interaction and rapport building with females



will help inmates to develop confidence and they will be willingly a part of reformation activities inside prison.' She further added 'I sense that most of the female inmates are more vulnerable to depression and their concern lies outside the prison for their families so to fill the gap I try my level best to occupy and engage them in different activities.'



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## Govind Singh.

**Project Coordinator Male, Faridabad Prison** 

Govind is a successful example of re integration for India Vision Foundation(IVF) his association with India Vision Foundation(IVF) is since 2014 as a beneficiary. Today, he benefits more than 130 inmates by motivating, counselling, interacting and encouraging them to be a part of a crime free society. He believes that every individual goes through a bad phase which can be



changed into a positive phase through correct guidance & hand holding. He said 'I feel since I have been a part of the reformation process I am able to connect well & give back more to inmates. My vision is to make difference more and more difference in lives of these individuals.

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# **TOWARDS DIGITAL INDIA: 6 NEW COMPUTER CENTERS IN HARYANA**

Our association with Harvana prisons has been for more than 5 years now. Many of our initiatives were a part of this collaboration. Further, in order to bridge the gap between technology & our beneficiaries we decided to bring together expertise from our technology supporter ST foundation and join hands with Haryana prison administration. In 2016, we decided to spread our wings and reach out to 6 new prisons of Harvana with 42 computers. We started with these computer centres to impart basic computer education to our inmates. Till date we have successfully trained approx. 1400 inmates under our computer education program.





We would like to Thanks ST foundation for their support to 'Bridge the Digital Divide'











# **ACTIVITIES THROUGH THE YEAR** Celebrating the spirit of Womanhood

A small 'Nukaad Naatak' on importance of education and it's impact was written & performed by inmates for inmates. This is a new talent that we discovered among our Dasna Female inmates they are able to perform and ideate very well for plays. Further, to celebrate the spirit of womanhood we celebrated birthday of a female. This was a small and first attempt to recognize individuals and value and celebrate their being till date we have celebrated many birthdays with preparing small sweets, cutting cakes or distributing sweets.

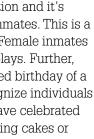


# **Sensitizing Young Minds**

In order to sensitize youth and make them realise their potential and importance as assets to the society. Motivational session on 'Role of Youth in making of a nation' were conducted and they were shown videos to make them explain how important they are to the society. We got a very good feedback from the inmates.

### Sh. Shivprakash Yadav, Superintendent, Dasna

In the short span of one year, the India Vision Foundation New Delhi. through their coordinators Ms Nazia Oadir and Pritesh Singh have dedicatedly worked for the mental, educational, spiritual and physical/ personality development of the jail inmates. They have held cultural programmes during all National occasions and festivals as well as organised primary education, adult education and vocational training, dance etc. All this has helped immensely in the improvement/transformation of the mental status of the jail inmates and making them self employed and busy during their imprisonment. I would like to greatly praise the various programmes conducted by the NGO.





### **Steps towards Conservation** of Environment on World **Environment Dav**

To sensitize individuals towards conservation of environment a plantation drive was organised across the prison inmates planted small saplings and took pledge to save each sapling by nurturing them. Our creche children to show gratitude gifted Jailor sir Mr. RS Yadav a small sapling



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# **INSIDE DASNA PRISON**

### Glimpses







Workshop by Parul, Freelance art teacher for clay modelling, keyholder making, flower vase and cloth painting

### Nazia Qadeer, Project Coordinator Female, Dasna Prison

Nazia got associated with us through an internship program in 2010. Today she works with more than 150 females inside Dasna Prison, she regularly motivates them, helps them and also encourage them to be better individuals. She has made a difference in the prison by her positive vibrance and expertise. She contributes new ideas by getting inmates



involved in various activities. Nazia believes that these females can be reformed and be a part of the society again as contributing individuals.

### Pritesh Singh, Project Coordinator Male, Dasna Prison

Pritesh has been associated with the foundation for an year now. He has been a very pro active individual who takes many initiatives for inmates. He believes that it is very important for an individual to be self motivated to do bring about any big or small change therefore, I feel try to create an individual understanding with inmates. I try to talk to them and understand their perspective towards things and help, guide them



accordingly. My vision for these inmates is to see them self reliant and motivated.

# *"VALUE STRENGTHS AND BUILD ON THEM, WHILE CORRECTING ILLS ALONG THE WAY"*

-Dr. Kiran Bedi

# **TRAINING PROGRAMME**

### Mrs. Renu Nag Head, Research and Training

Mrs. Renu Nag is a Masters in Social Work from Faculty of Social work from Maharaja Sayajirao university, Baroda, Gujarat in 1994. She has had an experience of more than 20 years in the field social work & development. Her association with the foundation has been for more than 15 years now her key areas of work include project planning, implementation & management. She has been associated with almost all the projects run by the foundation in various capacities. She now heads the training & research department at the foundation. Her vision for the foundation is to help the foundation to reach new and greater heights for Prison reforms.



# ABOUT

Training of Prison Officers is a natural evolution of the prison projects by India Vision Foundation. After the initiation and subsequent strengthening of the reform activities in Gurugram prison, sensitizing the prison officials for reformation. To bring standardization an alignment of all ranks was necessary. Today, Training has become an important component of the foundation till date we have trained nearly 500 prison officials of all ranks and files from the various prisons of the country.





# **TRAININGS THROUGHOUT THE YEAR**

IN CONTINUATION WITH THE LAST YEAR'S VERTICAL INTERACTIVE LEARNING PROGRAMME THREE MORE TRAININGS WERE CONDUCTED IN JANUARY & APRIL RESPECTIVELY.



### **Vertical Interactive Learning Programme - IV**

With appointment of the new Director General at Haryana Prisons Sh. Yashpal Singhal a two day training was conducted with the officers from Harvana Prisons



Vertical Interactive Learning Programme - V In order summarize and take a combined feedback from the learnings of previous training a Vertical Interactive Learning Programme - V was conducted under the able guidance of Dr. Kiran Bedi & Sh. Yashpal Singhal, Director General Haryana Prisons. 20 Superintendents from 19 Haryana prisons participated in this one day program. During the training program participants reflected on their learnings and shared their vision for new initiatives, improvements & its implementation to be done inside thei prison for the year.

We conducted a three day training for Newly recruited warders at Dasna prison. The objective of the training was to encourage the warders to work towards reformation/ rehabilitation of inmates. With the theme of transforming prisons. Last day of the training was exposure visit to Gurugram Prison where the warders were made aware of the various activities that IVF team does to help inmates.

#### Vertical Interactive Learning Programme - III A two day training program from 14 - 15 Jan 2016.



### **Dasna Prison warders** Training



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**National Training Program** 

Sponsored by Bureau of Police Research and Development (BPR&D) in collaboration with Haryana prisons & India Vision Foundation.

**Vertical Interaction Course - I** was a unique 5 day training programme for Head of the prison department to Assistant/ Deputy Jailor or head of the sub jail. This course was designed to refresh the critical learning elements with an aim to increase overall effectiveness and professionalism of the Prison Department. 21 Prison Officers from Maharashtra, Madhya Pradesh, Rajasthan, Punjab, Himachal Pradesh, Haryana, Delhi and Chandigarh took part in this program scheduled from 26 – 30 September 2016.





### Seeing Is Learning - I

A Three day training workshop was held at Gurgaon Prison from 21st November to 23rd November. The workshop was jointly organized by Harvana Prison Department and India Vision Foundation. It was sponsored by the Bureau of Police Research and Development (BPR&D), New Delhi. Seeing is Learning is a unique exercise wherein the participants of different levels from different prisons of the country were exposed to various reform activities so that they could see and learn all the aspects of initiating, executing, evaluating and supervising such activities and also discuss various challenges in monitoring and continuing such practices. It also offered an opportunity to share their best practices and problems that they face in their role as prison officers. The workshop was attended by 22 prison officers of different levels from 10 states of the country and each brought his/her own regional flavor and expertise to the training!

### Mr. Harinder Singh, Course Director, and Superintendent of Gurugram Prison shares his feedback on Trainings

The training has involvement of three major stakeholders Prison officials & India Vision Foundation. During this training Prison officials get a chance to have practical learning by seeing different kind of work & ongoing reformation activities which gives very good impact on their thinking process. The Administration on the other hand gets a fresh perspective towards

things by hosting the training for the officials coming from different states. I personally feel that training brings about a healthy form of competition amongst individuals and further leads to improvement in communications structure. I have seen that my fellow officials have started to share more proactively about their issues, solutions, ideas and much more. This has been more of an exposure not only for the officers coming from different states but also for us as Host in many ways. Training has helped us to share our work with different states resulting in visits by Senior officers, Judges and many others. Most of the trainees at the training are extremely happy to see the 3S model by India Vision Foundation that has been the highlights during our training process



# **INTERVIEW**

# **'ROLE OF NGO'S AS TRAINERS INSIDE PRISONS'**

### **IPS Meera** Chadha.

Director General. Bureau of Police Research & Development, Delhi, talk about 'Role of NGO's as trainers inside Prisons'

Meera Chada studied Policy Analysis in Law Enforcement at the University of Minnesota, USA, for this, she was also awarded the President's Medal for meritorious service in 1997. She had also awarded with the Police medal and the Director General's insignia for meritorious service and Hubert Humphrey Fellowship (2001-02) in the three decades of her policing career. During her unbroken period with the State Crime Investigation Department from 1993-95, a very important case was investigated by her that case was Jalgaon sex scandal. It was in 1981, she became an IPS officer of the Maharashtra cadre, served as Deputy Commissioner of Police at Mumbai between 1987-91.

#### According to you what is the role of NGO's working in Prison?

NGOs working in prisons have different roles e.g. some are working in the field of literacy of prisoners, some are teaching them crafts/imparting skills, while others are giving legal aid. So they help fill gaps where prison administration either does not have resources or resources are inadequate. While big cities have NGOs collaborating with prison officials, I find this lacking in small places.



#### ideals of a Model Prison?

To reform and rehabilitate prisoners should be the aim of any prison.

#### What in your view shall be the basic essential training needs that should be mandated for inmates in all prisons?

Basic literacy and one or two vocational skills that would help a prisoner post release.

#### As an NGO we are multi tasking in various dimensions. How can we seek support from organizations like BPR&D to make a progressive change?

BPR&D welcomes collaboration with all academic institutes and NGOs of

> excellence. We would appreciate more research in the field of correctional administration.

#### As Director General of BPR&D what is your vision for training of Prison officials & collaboration with NGO's?

Though prisons is a state subject yet BPR&D conducts research in the field of Correctional Administration and provides training to the officials working in this field. We hold National Conference on Prison Reforms, Prison Duty Meet and have recently created a Micro Mission on Correctional Administration. We bring Prison officials, academicians, Law universities/schools and NGOs together to reflect upon the state of correctional administration and act thereafter. Ours is an ongoing process.

NGO'S & ACADEMIC **INSTITUTIONS SHOULD WORK IN SYNERGY WITH PRISON ADMINISTRATION** 

#### What in your view is role of India Vision Foundation as a training partner with Haryana Prison administration?

I think Haryana prison administration values this collaboration.

#### What were your key observations during your visit to Gurgaon Prison during 'Seeing Is Learning'

I was impressed with Haryana prison administration collaborating with NGOs in various fields.

#### In your view what shall be the



# **FEEDBACK FROM PARTICIPANTS AT OUR TRAINING PROGRAMMES -**



### Swathi Sathe, DIG Maharashtra

The sessions were very educative both on a personal & professional level. I learnt a lot from different states. I really liked the session by Sh. Yahspal Singhal, DG sir which helped us to creatively handle and resolve problems. I particularly liked the Jail environment of Gurgaon Prison. IVF has done great work especially for children.

### Mr. Manas Ranjan, Udala, Orissa

I have attended my first training outside my state and learnt a lot from this training. I was confused with the name of the training but at this platform I have actually seen and also got an opportunity to learn something. I learnt that we can be a change makers and Mr. Singh is role model for me I can see how prisoners can be mainstreamed and how we can treat prisoners like a human resource. Also, India Vision Foundation's contribution is amazing I hope it gets replicated to other parts of the country also.

### Mr. Kona Raghu,

SP, Central Prison, Andhra Pradesh

I have learnt about the phone calling system and Phoenix software. During our exposure to Rohtak & Jhajjar Prison I learnt about the drip irrigation system. The hospitality by the Prison administration was amazing in Haryana. Also, the work done by India Vision Foundation inside prison is amazing!



### Mr. Baleshwar Singh, SP, Palamu, Jharkhand

It is a practical training and I felt very motivated. There were two hosts one was the NGO and the other was Prison Administration. This training helped us to aim to do well and also after seeing this collaborative model of NGO & Prison I feel together we can make a lot of difference inside the prison.



# **"I BELIEVE IN PRAYER. I BELIEVE** IN GRATITUDE AND **SERVING PEOPLE."**

-Dr. Kiran Bedi

# **RURAL COMMUNITY DEVELOPMENT**

#### **59** Annual Report 2016

# "FOR A SUSTAINABLE LIFE"



The rural interventions of Navjyoti India Foundation contributed its relentless service in 72 villages of Sohna Block under three program areas – Child Education, Skill Up gradation and Community Development.

Under our Balgurukul Program – a Child Leadership Program, 103 sessions were facilitated with 426 beneficiaries in thematic areas of Science, Music, Dance, Theatre, Yoga, Meditation and Library. A notable achievement was identification of 96 Balgurukul Teachers who are taking classes in their own community and motivating other children from the community to harness their talent and potential. Another significant achievement was implementation of 12 Community Development Projects by Balgurukul Teachers.

As part of our Skill Up-gradation Program, we conducted specialized employment oriented vocational skills and training to 120 rural women from the villages of Sohna Block. The beneficiaries were imparted training on Stitching and Tailoring under a standardized curriculum. In addition to the regular classes, the beneficiaries participated in exposure visits, Charcha Mandal and specific training sessions on making glass candles, penal bags, bag weaving and embroidery designs etc.

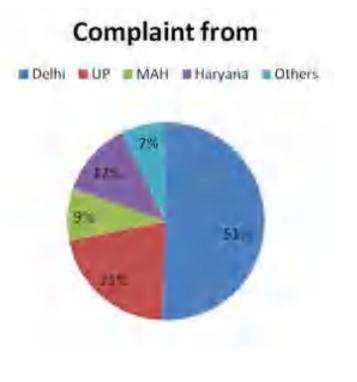
Under our Community Development Program, we have been able to train approximately 935 women through trainings on operational aspects of self-help groups, entrepreneurship, crime prevention, financial literacy etc. Approximately 250 community members contributed in the development of their village through their participation in cleanliness drives.

# **E-COMPLAINT REDRESSAL (SAFER INDIA)**

# "IN EASY REACH"

### Featuring - Mr. Anup Sinha, Head IT & Technology

Mr. Anup has been associated with the foundation for more than 15 years now. He with his IT expert skills also heads the Safer India Project by the Foundation. He has been actively engaged with the computer centres at all our project sites. His vision for the foundation is to bridge the technological gap and also assist individuals to get tech friendly and also promote digital literacy. He shares 'I am very happy to be associated with the organization and share my expertise. This work gives me a great sense of satisfaction as it makes me feel I am contributing my bit to the society'





**Through this programme**, the Foundation attempts to bridge the gap between citizens and the police, and bring about a greater degree of satisfaction in their interaction by providing alternative and referral services to citizens in need of assistance from the authorities.

This is done through an e-complaint mechanism custom-designed for Mission - Safer India. Communities are now able to reach us swiftly and we are able to fast-track their complaints onward to the concerned officials.

# 61 Annual Report 2016 REETA PESHAWARIA SCHOLARSHIP

India Vision Foundation, New Delhi on receiving generous donations from family members and friends had instituted REETA PESHAWARIA FELLOWSHIP AWARD to celebrate excellence in the areas so dear to Reeta.

Reeta Peshawaria-Menon was Consultant Clinical Psychologist Lead at the Tertiary Assessment and Treatment Service of the Specialist Learning Disability Services at Hertfordshire Partnership NHS Foundation Trust, Hertfordshire, UK. She worked here from 2000 till her death in 2012. Before that, she had served as Senior Lecturer in Clinical Psychology at the National Institute for the Mentally Handicapped in Hyderabad for 16 years. The Fellowship award had been established by the family members of Ms. Peshawaria Menon to promote the values and practices she valued and stood for. The Award consists of a monthly bursary of a determined amount in Rupees to a deserving candidate for a maximum period of 12 months.



# Reeta Peshawaria-Menon Fellowship Award 2017

India Vision Foundation, New Delhi is pleased to declare the outcome of the selection process for the Reeta Peshawaria-Menon Fellowship for the year 2017 to celebrate excellence in the areas so dear to Reeta. In this fourth year, nine applications were considered eligible. The Panel of experts constituted by IVF recommended that this year's award be given to Dr. Rahul Ganguly for his research proposal on examining positive aspects of caregivers of adults with Autism, to examine healthy family functions like resilience, adaptability, optimism, empathy, and sense of coherence



We congratulate Dr Rahul Ganguly from Toowoomba, QLD Australia University of Southern Queensland for the fellowship Award for 2017.

"Thank you Dr. Bedi & Dr. Menon to give me this opportunity for one of my cherished areas of research which is basically strengthening families of persons with intellectual disabilities. I have been in this field now for last 25 years and not a day goes when I do not think about influential in this field so it's a real privilege that my work is getting acknowledged for the kind of work would like to share that we have collaborated on certain research projects and this gives me an opportunity to take her legacy

- Dr. Rahul Ganguly

#### Annual Report 2016 | 62

# **CLICK. CONNECT. KNOW.**

### Snigdha Verma, **Communication & Resource Manager**

Snigdha has been working with India Vision Foundation since August 2016. She helps the team at communication desk. She is a Journalism hons. Graduate from Delhi University and Masters in Mass Communication with specialization in Corporate Communication from Guru Gobind Singh Indraprastha University. She says 'Being associated with this noble cause of making a difference in the society not only helps me to understand the role of NGO's better but also to expand my horizon of learning.'



सुधारीकरण में प्रशिक्षण का केंद्र बन गई भोंडर त्यवहार व पढ़ाई के साथ सीखने में नंबरवनबनेजिलाकारागारः डी.जी.पी. कारावास से लें सीख जेल सुधार कार्यों पर बने फिल्म : किरण बेद आज से ७ राज्यों के अधिकारी करेंगे जेल सुधारों पर मंथन AND AND A AND AND AND

> Join us to strengthen our mission and also spreading smiles! Connect with us through our social media channels.



# THANK YOU FOR ALL YOUR SUPPORT!

# **"WE THANK ALL OUR SUPPORTERS WELL-WISHERS** FOR GIFTS & ALL YOUR SUPPORT."

Shobha Mehta has been associated with us since April 2016. She believes that every individual should become self-reliant & self-sufficient and therefore she helps India Vision Foundation to raise funds & also partner with corporates & embassies. She feels that her contribution the foundation through her expertise will not help to strengthen the mission but also advocate the cause in the professional/corporate sector.



### Shobha Mehta. **Public Relations & Resource** Mobiliser



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### **Chander Shekher** Srivastav, Accounts Manager, India Vision Foundation

He has been associated with the cause for more than 12 years now. He started working with us as a child counsellor and then sailed through various designations within the organisation. Today, he handles the accounts department at India Vision Foundation. He believes that there is no bigger service than serving the destitute. Therefore, he tries his level best to help through his multi-tasking. This year he wants to make accounts more accessible for financial services to the beneficiaries & stakeholders.

# **BALANCE SHEET AS AT 31ST MARCH 2016**

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### **65** Annual Report 2016





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# RECIEPT AND PAYMENT FOR THE YEAR ENDED 31ST MARCH 2016

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