

Annual Report 2020



Happy Doors

Towards A Bright Future



Vision

India Vision Foundation aspires to contribute towards a crime-free society by initiating reformation programs for prison inmates and reintegration opportunities to the released inmates for the reduction in recidivism; also facilitate welfare program for their children to save them from becoming victims of their parental incarceration.

Mission

Save The Next Victim



Happy Doors

Towards a bright future

खुशी के दरवाजे
उज्ज्वल भविष्य की ओर

HELLO to an optimistic future, a new beginning, chance to walk together shoulder to shoulder with equality and dignity!

A compilation of highlights of the events during 2019 – 2020 (Silver Jubilee Year of the foundation) with a way forward and alignment with the Sustainable Development Goals (SDGs) under the 2030 Agenda to create inclusive societies.

Message



By Dr. Kiran Bedi,

Founder

It gives me a deep sense of joy and inner happiness in seeing the progress being made by India Vision Foundation all through the year. Where each team member appears to have contributed to the maximum with a sense of personal accomplishment, commitment & zeal.

Also feel very grateful to all those who supported such causes. It's the best investment we could make when we save, change & build lives of others. This adds to the health, wealth, and prosperity of the society.

I extend my humble gratitude to all who have contributed towards growth and productivity in small or big way in meeting the causes for which this foundation was born.

I continue to thank the Magsaysay foundation of Philippines and the Magsaysay award for being the father of this foundation while making me the mother for having given me the award.

Dr. Kiran Bedi



Message

By Ms. Saina Bharucha,

Permanent Trustee



JAI DHARI MAA ..India Vision Foundation over the last 25 years has established itself as an organization committed towards welfare and empowerment of inmates their families and children. The organization has worked with multiple stakeholders: governmental bodies, media, private sector, international and national NGO's and multilateral

organizations to create a platform and an understanding of the needs and aspirations of the marginalized and voiceless section of the society.

It is humbling to see the focus and dedication of our team members and colleagues at India Vision Foundation. They work tirelessly to help the beneficiaries in need.

I take the opportunity to express my sincere gratitude to each and everyone who has contributed towards making India Vision Foundation a true movement. Let us continue to play a catalytic role in Society's social well-being and for making the world a better place for the next generation JAI DHARI MAA.

Ms. Saina Bharucha,

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By Ms. Monica Dhawan

Director



Dear Friends,

I would like to place my heartfelt gratitude to all the team members, donors, partners, volunteers & interns for believing in our cause and being a part of our 25 years journey.

From past 25 years, we have reached out to lakhs of beneficiaries and are happy to see the transformation in

their lives. Many children have grown up as contributing citizens and their parents are now re integrated back to the society leading respectful & crime free lives opening doors towards a bright future.

I am happy to announce that in 2019, we have spread our wings to Maharastra and started working in Yerwada prison by starting Crèche for the children inside prisons. We all at India Vision Foundation are learning and evolving our programs & projects as per the need. Looking forward to your continued support.

Ms. Monica Dhawan

Monica Dhawan

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Silver Jubilee Celebrations



2019 marked the 25 years of the Foundation's journey. In order to highlight the impact & success of the foundation's work since its inception, i.e. 1994, with all its internal & external stakeholders' foundation launched a theme for the 25th year - "Stories of Change: Connect. Empower. Transform."

On 31st August 2019, the foundation celebrated its 25th Foundations day. The event witnessed a variety of cultural performances, including a Music presentation by the beneficiaries from different prison projects including, a special performance by the Inmates from Rohtak Prison, Haryana under Project DHUN.

This event also marked the launch of the Crèche Curriculum, which is an endeavor by the foundation to provide a standardized curriculum for children living inside prisons under a collaboration with Mobile Crèches (MC) supported by Goldman Sachs.

The events was graced by Mr.VSK Kaumudi Director-General, Bureau of Police Research And Development, Dr. R.G. Anand, Member National Commission For Protection of Child Rights, Director-General Haryana & Tihar and other Luminaries - Sr. Officials from Sony Pictures India, Goldman Sachs, Adobe India, G4S, HCL Foundation, Imperial Auto, Exl Service. Com, Trustees, Supporters, Well-wishers, Beneficiaries & Friends.

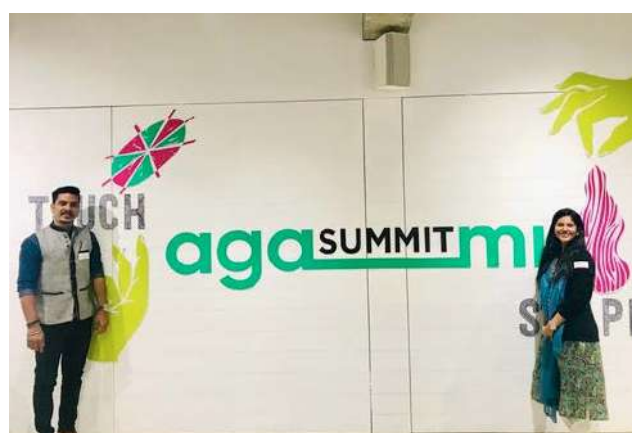
Glimpse of the year

"The roots of all goodness lie in the soil of appreciation for goodness" -

Dalai Lama



India Vision Foundation was awarded a certificate of appreciation by Prison Administration & Reform Services, Government of Uttar Pradesh for its Project Hope inside District Prison Gautam Budh Nagar.



Representing the foundation's work at two-day AGAMI SUMMIT, Bangalore, on "Prisons, People & Wellbeing" from 29 Nov 2019 - 30 Nov 2019.

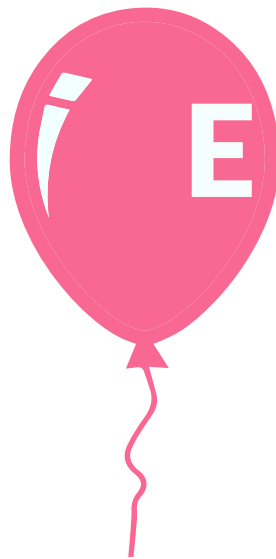


Convening 2, November 15-16, 2019 New Delhi

Participated in YES FOUNDATION's Grant & Accelerator, Convening II in New Delhi



Foundation was invited by Amritsar Prison to explore the scope of collaboration



Education for Children of Inmates

The organization is committed to rebuild lives of children of prisoners through its two programs:

- Crèche
- Children of Vulnerable Families Program (CVF)

No. Of Reach
2019- 2020

193 Direct Reach
423 Indirect Reach

47

Tihar

45

Mandoli

16

Gurugram

15

Dasna

05

Faridabad

24

Kasna

13

Sonipat

28

Yerwada



Crèche

3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



17 PARTNERSHIPS FOR THE GOALS



Dedicated members of India Vision Foundation engage with children of prison inmates who are less than 6 years of age by enrolling them inside prison day-care, facilitate elementary education, in addition to providing them with nutritious food, emotional support & health care through play way methods. More than **2,749** children have benefited from the crèche project till date.

1994

Inception of India Vision Foundation and Crèche set up - Tihar, New Delhi

2005

Crèche set up - Amritsar Prison, Punjab

2012

Crèche set up - Gurugram Prison, Haryana

2015

Crèche set up - Ghaziabad Prison, Uttar Pradesh

2017

Crèche set up - Mandoli & Sonipat Prison, Haryana

2018

Crèche set up - Kasna Prison, Uttar Pradesh


2019

Launch of Crèche Curriculum & Crèche set up - Yerwada Prison, Maharashtra

Towards New Beginnings




Foundation expanded its wings to another state by starting a crèche project in Yerwada Prison, Maharashtra. Foundation's Crèche program is replicated and is sponsored by YES Foundation.

Thank You 

Direct Reach

 **28**
Children

Indirect Reach

 **28**
Mothers
08
Siblings
below the age of 3 yrs



Number Of Children-
Depending on release and
newly admitted cases in
prison

4- 20

Regular Classes

In A Classroom
Environment

Extra Activities

like dance, gymnastics and
celebrations

**Practices Inculcating
Normal Childhood
And Growth**

Teaching And Learning Aids And Extra Activities



- Audio-visual slides



- Flash cards, picture books and charts



- Puzzles, play dough and games



- Summer camp activities



- Group art activities



- Story sessions



- Celebrating National days, festivals, birthdays



- Field trips to farm while teaching plant life and farm animals

Project Nanhi Kiran

नन्ही किरण



Aims to develop a standardized ECCE curriculum for Crèches in prisons along with guidelines for setting up Crèches in prisons, prepare a cadre of trainers to facilitate, run and manage these Crèches, and strengthen existing Crèches being run by the foundation as model centers.

ECCE curriculum piloted in the 7 jails across Delhi, Haryana, and Uttar Pradesh



Effective Measure To Implement Crèches Curriculum



Theme Based Curriculum



Appointment of ECCE workers



Five Days Training For ECCE Worker



Mothers Engagement Workshop

ECCE Curriculum

For 0- 6 years children



Help to Develop



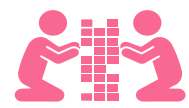
Daily Life Skills



Motor Skills



Socialization Skills



Communication Skills

through Play-Way Methods to stimulate their verbal, mathematical, logical, kinesthetic and interpersonal skills.

Thank You



Crèche Curriculum Impact

- Child-friendly environment in prison



- Indulgence In The Age Appropriate Activities



- Initiation Of Crèches Hygiene Systems.



- Positive change in children's behavior and interest



Implementation of Classroom management children are segregated age wise as 6 months to 3 yrs. and 3yrs. to 6yrs. This helped the Foundation's team to focus on the ECCE activities.



6 months to 3 yrs



3yrs. to 6yrs

- Increased Regularity Of Children



- Increased Children-Teacher Interaction



Children like to come to crèche, spend time and remain busy with their routines.



" It is observed that since the starting of curriculum it's more easier to engage children in different activities and focus on their holistic development as a whole while getting trained by Mobile Crèche, it helped us to get a better understanding of how to ensure those activities prepared in curriculum, followed by the worksheet as well as giving us Project coordinators and trainers, how to supervise and train children and other crèche workers, it also helped us to understand growth monitoring of children, we also observed during our Exposure visit, that children are able to identify animals and other things we taught them comfortably which made us happy that our efforts are showing in their development. Children are able to learn moral values , sharing, etc through daily activities, Crèche has now become more vibrant and more fun everyday."

Greeshma (Project Coordinator, Tihar)



Thank You

Goldman
Sachs

C Children of Vulnerable Families Program

No. Of Reach
2019- 2020

268
Direct Reach



137

Residential School Support



70

Community Empowerment



61

Home Support

Children (over 6 years either coming from crèches, or from incarcerated families) remain outside the ambit of a quality childhood and are at a risk to get influenced and drawn towards nefarious activities. Also, it has been observed that in many cases, children from incarcerated families lack any support from relatives- kith or kin due to stigma and financial constraints. Thus they are left to survive on their own. This is when India Vision Foundation takes these children under its wings and provides them with formal education through its CVF Program. The primary aim and mission of this program is to mainstream & educate the children of Incarcerated families

The Program Children of Vulnerable Families came as light at the end of the dark tunnel. It opened the doors for over **1000** children of incarcerated parents.



1996

India Vision Foundation started Children of Vulnerable Families Project with its first component, Residential School Support Model in association with Assisi Convent School. the foundation widened its reach and connected with more such institution. It has worked with 6 institutes till March 2020.



2008

The Community Support Model started in 2008, with twenty children and youth of the Bawana Community. In 2013, the project built a community center in Bawana in order to incline children towards acquiring skills, education and to learn ways to lead a healthy, happy, and righteous life.



2009

Home support Project extends supports to the needs of the children of incarcerated parents who are staying with their extended families.



2018

With a network of over 51 alumni students, the foundation has initiated a group called "Fly for Dreams (FDD)".The network engages its alumni as peer leaders who in turn engage and motivates children under the Children of Vulnerable Families Program.

Collaborating for change!

Befriending books



Books play a crucial role in a child's interaction with the outside world, and in order to cultivate reading as a habit in children and highlight the importance of good stories in developing the cognition of young readers, two projects were initiated with Children from, Home & Residential Project.

Thank You 



Preeti, 9 years old, associated with the project since 2016, struggled to make new friends because of her shy nature and always felt lost. During the library sessions, she got an opportunity to spend more time with her peers and was always eager to narrate the story she had read. "Through these sessions, I not only discovered my talent of story narration but I was also able to open up in front of others and make new friends. The idea of reading a book and walking into a new world fascinates me, it's a place where I can relate to the characters and adapt their qualities in my life."

Library Program with Katha

A library with 450 books from different genres was set up under its Residential Support Project at Asha Deep Foundation. Along with books, the organization also subscribed to various children's journals to help them have variety.



Thank You 



Ajay, 14 years associated with the project 2016, has always been curious to know about the world and its environment. While many children were inclined towards reading fiction, he was the one who chose to read books about our environment. When he read Jalvayu Parivartan, he requested all his friends to sustain their old things and reuse them and plant more plants. He shared with the coordinator: "मुझे बहुत दुःख होता है जब मैं अखबार में जानवरों, पक्षियों और वनों के नष्ट होने के बारे में पढ़ता हूँ। अभी जब फररुअरी में अमेज़न रेनफॉरेस्ट में आग लगी थी मैं बहुत परेशान हुआ था। मैं चाहता हूँ कि मैं बड़ा होके अपने पर्यावरण को बचने के लिये कुछ करूँ।"



Ritu, 11 years of age, got associated with the project in 2017, when she was taken under the wings of India Vision Foundation and could not read as she never got a chance to go to school. After taking the remedial classes in the last session, she expressed: "मुझे लगता था कि मैं कभी भी आगे नहीं बढ़ पाऊंगी, मेरी दोस्त हमेशा कक्षा में थर्ड आती है और मैं तो कई बार पास भी नहीं हो पाती। लेकिन पिछले साल में सुपरिया मैडम से पढ़ने के बाद मुझे बहुत अच्छा लगता है। पहले मैं बस एडिशन ही कर पाती थी, लेकिन अब मुझे सब्सट्रैक्शन और मल्टिप्लिकेशन भी आ गया है। एक दिन तोह स्कूल में मैडम ने मेरी रीडिंग के लिए क्लैपिंग भी करवाई थी। मुझे तब बहुत अच्छा लगा था।"

Library on Wheels

Foundation kick-started this initiative in the month of May 2019, where children from Home Support were given one book every month to read & review. Children were given new books as per the visit of the Home Support coordinator. The project conducted around 300 home visits from April 2019, to March 2020 and through this initiative 45 children read 50 books.

Impact: Books are children's new friends, reading books has opened doors for them into a magical world where they get the freedom to choose what they like to read about what they aspire to become. Their passion and joy while reading new books apart from their studies have helped them learn some moral & life lessons, a habit of reading and understanding that knowledge is more than their regular rote learning.

Remedial Program with Pratham

With an aim to provide quality education to the children through the means of a different curriculum at the remedial classes the project collaborated with Pratham.

It opened the doors for children who did not like to study and helped them explore an exciting world, where studies became fun and helped them learn at a great pace.



Thank You





"Art is to imagine and to reach people through your imagination. When I created an artwork in the beginning, there were a lot of questions that came to my mind. What is it? How is it happening? But when I look at my finished artwork , I felt amazing." - Rozy, Class 12



"I liked texture activity the most. We used different kinds of objects like jute, feather, cardboard to create textures. I thought it was all trash and I was finding the activity very hard. But now when I go through my sketchbook, I love that artwork the most. Now I feel that I can make anything I want". Pooja, Class 12th



The project conducted an exhibition where it exhibited the work done by the children in the last 6 months of activities as a conclusion of the project. The visitors were in awe of the creativity and talent showed by the children, they appreciated the art and encouraged children.

Creativity is contagious and we believe in passing it on.

Art Reach Program with Artreach India

The foundation collaborated with Art-Reach India's artist, Mr. Prasoon, the program aims to not only impart skills in art, but also to find hidden talent, and create a sense of emotional well-being, confidence, and happiness through creative engagement with 20 children (aged 12- 18) at the organization's Bawana Community Center.

Impact: *The collaboration has widened children's perspective about art and opened an artistic door for them through which they discovered their love for art. It was amazing to see how these children were able to utilize their learnings and they used the approach of the applied art form in their school practical projects and other areas.*

Children of Bawana community envisaged a developed, happy world for them with flying cars which they built through their Mural painting on the walls of the community center.



Fifteen children of the organization also got an opportunity to put up a stall at Aditi Mahavidyalaya, The University of Delhi on Diwali Mela for the same, they made beautiful artwork and decoration material during the time of Diwali and the earning through this was not just monetary, but it helped boost up their confidence and gave them a wider picture of the significance of their talent.



Thank You



Happiness is to see our children doing well!



12 beneficiaries were able to get admission to Public School and 8 in Government Schools through our Community Empowerment Program.

Najma, from the Community Empowerment Programme, got certified for taking part in football in SPN National Inclusion Cup 2019, a CSR initiative of Sony Pictures Network India. Najma is a football enthusiast and loves playing football. She has represented her school and academy in various competitions as well.

Tulsi, a beneficiary from the foundation's Community Empowerment Programme completed her XII this summer. She was further guided to enroll in a Mass Communication course at the Dev Samaj College for Women, Ferozpur, Punjab. Congratulations!



“भईया और दीदी, ने बोहोत हेल्प की है जब मैं घर से आया था। जब मैं आया तोह ऐसा लगता था की अकेला हूँ, कोई दोस्त तोह बनेगा नहीं, पर जब मैं काउंसलिंग रूम में जाता था वो भईया हमेशा बोलते थे की, जाओ दोस्तों से मिलो और उनसे बातें करो, मुझे हमेशा ऐसा लगता था की मैं शायद दोस्त न बना पाऊं, क्युकी मैं तोह कभी हॉस्टल में रहा ही नहीं, पर भईया कभी मुझे नरित्साहित नहीं करते थे।” - Sunny, Age 10 years, 2018

“सेशन में आने क बाद घर जैसी फीलिंग आती है और लगफट है की सबको अच्छे से जानती हूँ, भईया और दीदी हमे कभी बुक्स पढ़ाते हैं, कभी गाने सुनाते हैं और कभी वीडियो दिखाके नयी चीज़ें समझाते हैं।” Khushi, 15 years, 2015

Once you adapt to the flow you continue to grow!



With the aim to strengthen the child's state of mind and to assure they are physically, mentally, and emotionally sound, the counsellors took individual & group sessions for the children.

Thank You



Giving back!

"Fly for Dreams" is a formalized alumni group by India Vision Foundation, created with a vision of "Giving Back to the Society" as a token of gratitude for the received social support during the most difficult period in their lives. Children of Vulnerable Families Program got **33 Alumni** in the year 2019. Till date, the project has had more than **300** individuals as alumni.



Almost all the alumni volunteered during the organization's Annual Meet on August 31, 2020, and enthusiastically volunteered during the Annual Sports Meet on January 25, 2020.

Though it is difficult to ensure their physical presence in all the activities as they are working in various fields such as medicine, education, banking, corporates; however, in 2019, they were part of its major activities.



They have emerged as a resource mobilization team for the project who encourages the younger generations through their past life stories, their struggles and how they were able to overcome them by holding India Vision Foundation's hand.

Thank You 



Inside Prison Program

15 LIFE ON LAND



11 SUSTAINABLE CITIES AND COMMUNITIES



13 CLIMATE ACTION



Serving a prison term, whatever the reason may be, is a very traumatic experience for inmates. Prison inmates mostly find themselves without anything productive to engage in while behind bars. This leads to a lack of personal development & employment opportunities after release. Through creative partnerships, the foundation is providing vocational training and skills development programs to male and female inmates, which will help them to seek employment or any other benefitting entrepreneurial opportunity as well as financial independence post-release.

1995

'Skills Development' models for female inmates inside Tihar prison. We started training facilities in weaving tapestries for 15 women – also known as 'Weaving Behind Bars'

2005

Beginning of 'The Social Education & Health Advocacy Training' (SEHAT) Project in Tihar & Amritsar prisons with a group of 60 inmates, which was a research initiative in prison to develop a peer-led health education program with a focus on HIV/AIDs prevention

2006

Enter Haryana prisons to replicate our reform models in vocational training in Gurgaon prison at Haryana. The initiative invited male and female inmates to develop and enhance their skills in art & craft

2014

E-Library and Computer Training introduced as part of the IT literacy Program in Tihar, Gurgaon, and Faridabad Prison Projects to empower the inmates and enhance their chances of employment upon their release from prison.

2015

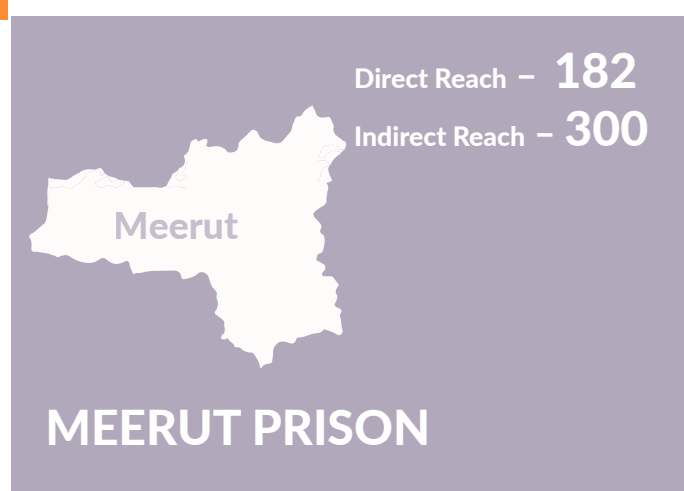
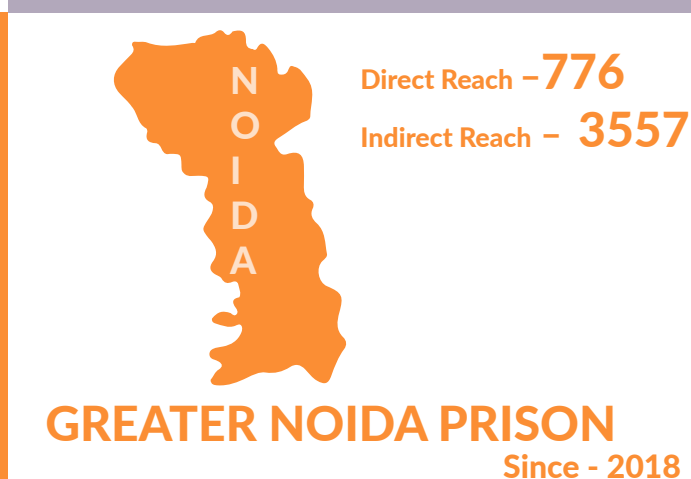
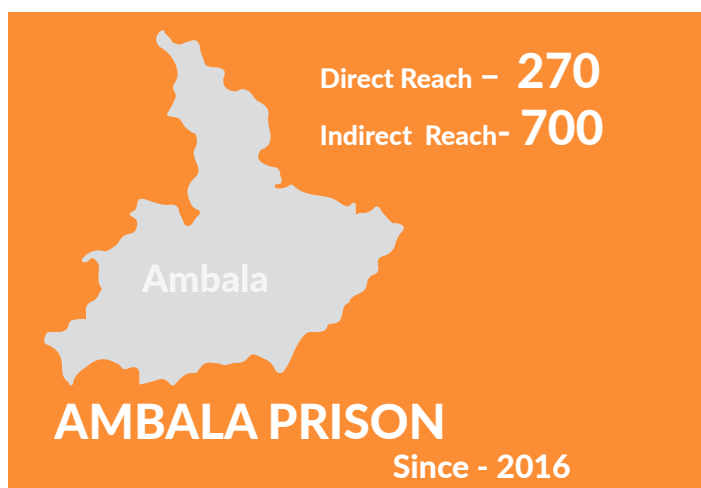
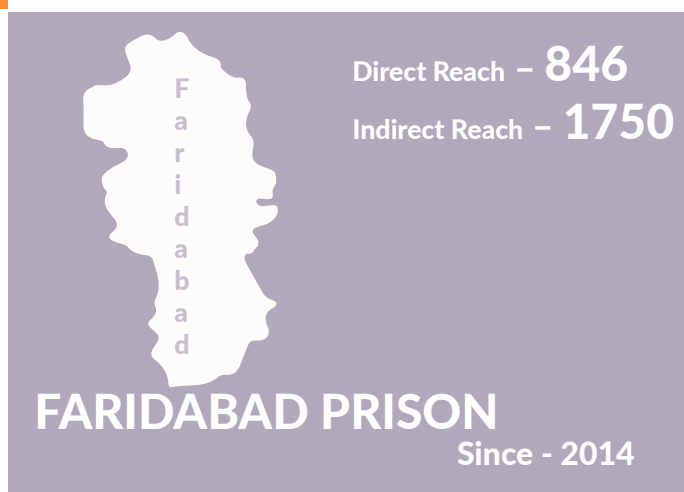
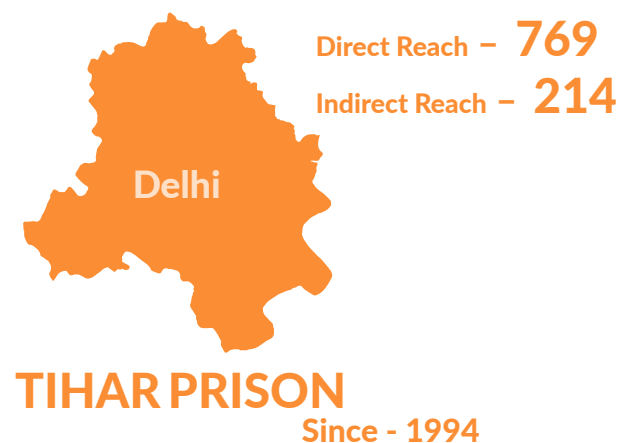
Expanded work to two more prison – Faridabad & Ghaziabad Prison

2017

Introduction to Project DHUN an initiative that aims to offer music, both vocal and instrumental as a skill to the interested inmate in collaboration with Sony Pictures Networks India

2018

Expanding Horizons towards Mandoli, Sonapat, Kasna Prison



Upcycling



A first of its kind workshop was conducted by Ms. Shagun – Art & Craft Teacher from a Primary School, Ghaziabad for females inmates of Kasna Prison. The aim of the workshop was to train inmates in upcycling plastic and create bags for their personal use.

Workshop on Book Binding and Bookmark Making



To develop the creativity and make the female inmates aware of reusing unused sheets to make such a creative notebook with less material and easily accessible as well as to make Bookmarks using unused sheets, glitters and waste materials, a two-day workshop was conducted by an external resource person Ms. Neha Singh.



One of the inmates Ramanjeet who joined us on 20 June 2019 said “मैं अपने बेटे को दिखाऊंगी की उसकी माँ ने क्या बनाया है। After the workshop she visits library daily She reads newspapers daily and shares her thoughts regarding the news published with the library supervisors and other inmates who visit library”

Towards Sustainability, Going GREEN!

With the support of Give Me Trees Trust*, the Green Dasna Prison project was inaugurated in District Jail Ghaziabad. The project aims to make beneficiaries aware about the environment and for the need to conserve and protect it. The project will also help in creating a green, clean, and positive environment in prison. Under this project, the selected beneficiaries will be trained through the Give Me Trees Trust in developing Gardening Skill and in running a Nursery. The project aims to make Dasna Prison self-sustainable in producing fruits and vegetables for the prison needs, create beautiful gardens, parks, and a herbal garden.

Thank You  

Session on Sanitary Napkin Making



Keeping in mind female health & hygiene, the foundation initiated a session by Resource Person Ms. Jharna (Trainer Menstrual Health Activist and Educator). They were taught to make sanitary pads using the cloth.

Awareness Session



Awareness session on Degradation of the environment through plastic by Sobha Chaudhary, of Nari Shakti Woman Empower (NGO). The session aimed at creating awareness on the adverse effects of plastic and discourage females from using plastic.

Best Out Of Waste



जब मैं डासना जेल में आयी तो मैं बहुत परेशान थी और सारा दिन बैरक में रहती थी। आईवीएफ टीम की मैडम बैरक में आई और मुझे समझाया कि आपको सिलाई में आना चाहिए पढ़ना चाहिए, यदि आप आर्येंगी तो आपकी बेचैनी कुछ कम होगी। फिर मैंने सिलाई सेंटर आना शुरू किया और सिलाई सीखना शुरू कर दिया। मंजू मैम ने मुझे बहुत अच्छी सिलाई सिखाई। आज, मैं खुद अपने कपड़े सिल पती हूँ और दुसरो के लिए भी सिलती हूँ, मैं अब किसी पर निर्भर नहीं हूँ। मैंने जेल में रहते हुए बैग बनाना सिखा सामान रखने के लिए, क्योंकि मेरे पास अपना सामान रखने के लिए कुछ भी नहीं था। सिलाई करने के बाद जब औरतें चली जाती हैं उनके कपड़ों की सभी कतरनों को उठा लेती थीं तकि ये मैं भरने के लिए। पर एक दिन जब मेरे पास बहुत सारी कतरनें जमा हो गयीं, तो मेरे दिमाग में एक विचार आया जो जो मेने मंजू मैडम के साथ साझा किया और मैंने उन कतरनों को जोड़ कर एक छोटी दरी बनाई इस को बनाने में मुझे चार माह लगे जिसमें सिलाई की मैडम ने मेरा पूरा सहयोग किया, दरी बनाने के बाद बहुत अच्छा लगा जेल की महिलाओं ने मेरे काम की सराहना की जिसे सुनकर मुझे खुशी हुई, मैं इस दरी को पूजा करते प्रयोग करती हूँ और अपने घर लेकर जाऊंगी मेरे इस हुनर का पूरा श्रेय इंडिया विजन फाउंडेशन और मंजू मैडम को जाता है, बहुत-बहुत धन्यवाद इंडिया विजन फाउंडेशन।” - Beneficiary from Dasna Prison associated since 2017



A session was conducted for the first time by using Art and Craft therapy by Mr. Shakun Kumar from Bhagye Creation, **52 females** attended these workshops and learnt to quell earrings, newspaper dolls, rose flower etc. These handmade products were displayed at DIWALI MELA organized by the HCL Foundation and attracted a lot of attention.



Thank You

HCL
HCL FOUNDATION

New Horizon

Celebrating TOGETHER!



Children are the world's most valuable resource and its best hope for the future. - John F. Kennedy

Foundation celebrated Children's Day across all its project sites with a lot of fun & frolic through various activities like Bal Mela, Exposure trips etc. A unique initiative by the foundation was Bal Diwas Program with the Prison Administration staff & their families. This interactive program included a series of cultural performances, open-talent, games and speech competitions at Kasna Prison.

New Horizon Project reaching out to inmate through Need-Based Reformation & Awareness Activity



531 Male Inmates

Computer Training,
Adult Education,
Dance,
Stitching
And Art/Craft.



24 Female Inmates
Children

Early Childhood
Education &
Development
Activities



900 Male Inmates

Awareness Sessions, Obser-
vance Days Celebrations,
Soft-Skill Workshops, Sports
Activities.



100 Female Inmates

Direct And Indirect Reforma-
tion
Activities.



150 Family Members
Of Prison Officials

Children's Day
Celebration
Event



Thank You

Goldman
Sachs

Towards Healthy Mental Well Being

3 GOOD HEALTH
AND WELL-BEING



In the year 2019 -20 we started a regular session by Dr Pinky Goswami, Psychologist. After her regular session, we found that the positive changes in the inmate's behavior.



Testimonial by Dr. Pinky

" In our visits to the prison(Dasna, Kasma and Gurugram), it has been noticed that the inmates, due to the very fact of arrest, were undergoing a state of trauma. The act of being sentenced, of being incarcerated into a prison system is often an unexpected turn in an individual's life - there is thus, the presence of an unexpected arrest that itself is traumatic, which can be observed in the female inmates. The severe lifestyle change, the physical boundaries and restrictions, the constant scrutiny of the prison guards, possible violence executed by the authorities in the system and the lack of individual privacy causes psychological deterioration; which include depression, anxiety, stress, recurring and negative thoughts, and various other psychological issues. In the year 2019, eighty female inmates were counseled for various psychological distress they were facing after their arrest. From these eighty inmates, the majority of the inmates, i.e. sixty inmates, were suffering from stress and anxiety due to the arrest; nine inmates were having severe anger issues or aggressive behavior; rest eleven inmates were suffering from depression, recurring thoughts, negative thoughts, lack of awareness or severe trauma. Counseling and therapies are going on and are in process. Progress is seen in fifty percent of the female inmates."

Awareness Sessions on World Mental Health Day

Project Pragati in Gurugram



On Suicide Prevention, Tihar & Mandoli Prison.



On Depression by Dr. Rashi, Safdarjung Hospital in Faridabad Prison.



In the year of 2020, the foundation collaborated with Dialog, an organisation run by Dr. Rashmi Datt with both individuals and groups as a counselor and coach

Inter-Prison Music Competition 2020 for Haryana & Uttar Pradesh Prison inmates

An Inter-Prison Music competition between the Prison Inmates of Ambala, Rohtak and Gurugram held at District Prison Faridabad, Haryana on 12th March 2020 and Kasna & Dasna, Uttar Pradesh on 22nd February.

These Prison inmates have been trained in the art of music through a project named **DHUN 112 inmates** from different prisons showcased their talent and skills in various music genres like Sufi, Qawwali, Folk and western through vocal & instrumental learning.

The program was also witnessed by families of beneficiaries performing inside the prison. The performances kept the audience spellbound, this program was a first of its kind inside District Prison Faridabad, Haryana.

Dasna Prison was announced as the winning team for Uttar Pradesh & for Haryana, Team Rohtak was awarded as winners followed by Ambala. Winners of the program in different categories were awarded medals, certificates, and trophies.



For Haryana, this competition was held at District Prison Faridabad where the inmates were provided with a platform to perform in front of eminent dignitaries. Chief Guest: Sh. Vijai Vardhan, IAS, Additional Chief Secretary to Govt. Haryana, Home, Jails, Criminal and Investigation, Administration of Justice Department and Tourism Department, Haryana; Guest of Honor: Sh. K.Selvaraj, IPS, DG Prisons, Haryana with Mr. Jai Kishan Chhillar, Superintendent of District Jail Gurugram, Mr. Lakhbir Singh, Superintendent of Central Jail, Ambala, Mr. Sunil Sangwan, Superintendent of District Jail, Rohtak.



For Uttar Pradesh, this competition was held at Dasna Prison where inmates performed in front of Mr. Anand Kumar, IPS, DG Prison, Uttar Pradesh, Mr. Vipin Kumar Mishra, Superintendent, Gautam Budh Nagar Noida & Ghaziabad Prison along with Ms. Monica Dhawan, Director India Vision Foundation and heads from Sony Network Pictures India Pvt. Ltd. famous and professional musicians.


Thank You



Rehabilitation Program



In order to prepare inmates to get reintegrated back into society and with their families. Also, to prepare them to find suitable jobs as per their skills developed inside the prison two workshops were conducted inside Dasna & Faridabad, **80** inmates were a part of this workshop that helped to record testimonials of individuals about the challenges they feel they will witness post-release. The workshop also aimed to help inmates feel hopeful and aim towards a better life post-release.

Connecting on Common Music Platforms

There has been an effort this year to bring Dhun Beneficiaries inside and outside Prisons to perform together

Ready to Release Workshops

'Ready to Release' Workshops are organized in Prisons, to help inmates become socially and emotionally 'ready' to live a functional life outside prison.



Connecting with Released Inmates

Home visits, meeting in the office, telephonic follow up were used to keep track of the released Dhun beneficiaries

Preparing Inmate Data Base

A detailed data base is prepared of inmates who are going to be released, to get connected with them post-release



"I am so happy that Sonu got a chance inside Prison to become a part of DHUN and perform. I have seen a positive change in his behavior and mood too"

~ Brother of an Inmate who performed in Music Competition



25 Dhun Beneficiaries who have been released are using the Music Skills that they learnt inside prison in various activities like to run bhajan mandalis and Sai Sandhya troupe in their village, teach harmonium to children in a Gurudwaras, play drums in programs

Bridging the Digital Divide and Aligning with Digital India

4 QUALITY EDUCATION



5 GENDER EQUALITY



Basic computer learning course is run by the foundation inside prison in collaboration with leading IT organisations. Post training, inmates are certified after examination by specialised institute for IT training.

ST Foundation Project- April 2019 to March 2020

Prison: Rohtak Prison
Ambala Prison
Meerut Prison



Certification by



Total Reach – 661
Total Certify- 529

HCL Project- April 2019 to March 2020

Prison: Dasna Prison
Ghaziabad



Certification by



Total Reach – 304
Total Certify- 143

Imp. Auto Project

Prison: Faridabad



Certification by



Total Reach – 100
Total Certify- 36

Goldman Sachs

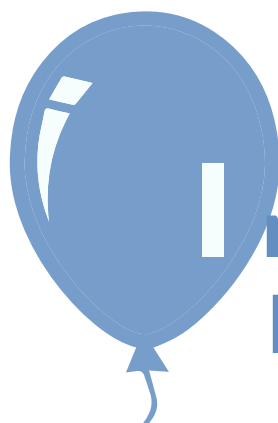
Prison: Kasna



Certification by



Total Reach – 100
Total Certify- 87



Introducing Learning & Development



Training and Capacity building has been a significant component at India Vision Foundation. Various training and motivational sessions are implemented so that the continuum of learning is ensured. In the year 2019-20, Learning and Development witnessed growth in its target activities and its team. Trainings were organized for India Vision Foundation employees and prison warders to help them acquire new skills, enhance existing ones, increase their productivity, and support them to become more efficient by boosting their human capital. Also, this vertical has evolved to be a research-oriented vertical which functions to liaison with knowledge partners, formulate project proposals, send timely monthly and quarterly reports to the donor agencies, and facilitate internal and external impact assessments.

Training Program For Prison Officials



In collaboration with Learning Mudra, trainings were held for prison staff including warder and other officials. Gurugram Prison (Stress & Time Management)- **20** Prison Warders, Dasna Prison Stress Management & Positive Thinking **20** Prison Warders

2015

Prison Officer Training Program introduced through the Research and Training desk

2016

Vertical Interactive Course(VIC) & Seeing is Learning (SIL) conducted through BPR&D support

2017-18

Regular Thursday Trainings of Tihar Warders conducted by Research and Training desk


2018-19

Research and Training desk renamed as L & D. Training of team members (on report writing & proposal writing) organized, Yoga Teacher Training for prison inmates facilitated and Impact study of Reformation Programs undertaken by L & D desk


2019-20

L & D desk organizes Team Training for India Vision Foundation's team members and facilitated prison staff trainings


Training held in 2019-2020




2.1 Training Leadership
11 Team Leaders



2.2 Training Situational Leadership
10 Team Leaders




3.1 Training Time Management
8 Team Leaders



1 Training Effective Organizational Communication
36 Employees

To amplify strengths of the team, address skill gaps and emphasis on knowledge building, skills and processes



3.2 Training Coaching, Mentoring & Goal Setting
8 Team Leaders

While India Vision Foundation runs various projects inside and outside Prisons under different Programs, the focus of Learning & Development vertical is to conduct regular independent monitoring and evaluation of these programmes and make recommendations, facilitate programme appraisals for better impact. Two assessment studies were conducted during the year 2019-20:

Children of Vulnerable Family: Remedial Education -

A intervention to provide quality educational opportunities to children of incarcerated parents in 2019-20.

To Assess

Efficacy of the initiative

Remedial Education

By Measuring

improvement in learning in

Hindi

Math.

Findings-

As compared to the baseline test the final test.

91%



sample students could read and recognize Hindi alphabets

95%



sample students can read and recognize double-digit numbers

Inside Prison Program : DHUN Project-

Dhun Project is Music Therapy based intervention across 5 Prisons of Uttar Pradesh and Haryana.

To Assess

The impact generated by
Dhun Project

By Measuring

- The level of well-being
- Reduction of recidivism



51
Dhun
Participants

101
Participant



50
Non-Dhun
participants

Findings-

Well Being

82%

more than their matched-control peers.

Re-Offending

26%

lower probability than their matched-control peers.

Assesment By

Protiviti, a global consulting and analytics firm

Communication

"Alone we can do so little; together we can do so much." – Helen Keller, American Author

Foundation has a digital family of more than **9500+** well-wishers & friends

To strengthen our network,
CLICK. CONNECT with us



3100+



1500+



4500+

To know more about the foundation's work
log on to
www.indiavisionfoundation.org



Communication is an integral part of any field of work. We at India Vision Foundation aims to bridge the gap of information and bring to you stories of resilience, joy, correction, empowerment from the most vulnerable and neglected social sectors. We envisage sensitizing individuals about the need for Reformation. Reintegration & Rehabilitation to create inclusive societies. To reach out, the department designs various IEC materials, launches digital campaigns, engages Internal & external stakeholders through various activities & outreach events.

Daan Utsav for 2019

A festival of sharing, giving & spreading good vibes. A week full of smiles, joy, happiness & gratitude! #7 Days7 Gifts

- GullakSavings – Choti Bachat, Badi Soch: Initiative by Community empowerment program where children shared their savings to help other children of the community.
- Foundation's Alumni network 'Fly For Dreams' sponsored a wish meal for 21 children of Assisi Convent School at DLF Mall of India in Noida and they got to explore the grandeur of the outside world.

E mployee Engagement



60 Children from Children of Vulnerable Families Project (CVF) were a part of Paper Mache activity with Adobe employees.



Imperial Auto representatives celebrated Holi with Inmates of Faridabad Prison



*We wish
Team*



*Happy
Diwali*



G4S securities Pvt. Ltd. representatives celebrating Diwali with inmates inside Prison with female beneficiaries & children



40 Children from Children of Vulnerable Families Project(CVF) were a part of the WISH Tree activity & Christmas celebration at Sony Pictures Network India Pvt. Ltd. Gurugram campus.

I nterns Speak



This year the foundation has had a total no. of 12 interns across various projects from reputed universities across India.

Strengthening foundation's bond with YES FOUNDATION, 5 interns were a part of foundation's summer internship under their initiative Media For Social Change Fellowship - prestigious Fellowship program that develops socially conscious youth leadership and amplifies communication of social impact organizations.



“

Working with India Vision Foundation not only aligned with my career but also, I was able to interact and touch the lives of so many children under the Children of Vulnerable Families(CVF) project.

”



Saundarya Shrotriya
Pursuing
MA Criminology
Sardar Patel
University, Jodhpur

“

Being an Alumni from Children of Vulnerable Families Project (CVF), I am grateful to be a part of the Foundation and take it's work forward.

”



Mongli
Pursuing Bachelor
of Social Work (BSW)
IGNOU

R eeta Peshawaria Fellowship



India Vision Foundation, New Delhi is happy to declare the outcome of the selection process for the Reeta Peshawaria-Menon Fellowship Award for the year 2020 to celebrate excellence in the areas so dear to Reeta. For year 2020 – 2021, 13 applications were considered eligible.

The Panel of experts constituted by the foundation recommended that this year's award be given to Dr. BALABASKAR KUPPUSAMY for their proposal on Life Skills for Adults with Developmental Disabilities – A module.

We Congratulate Dr. Balabaskar Kuppusamy, Lecturer/HOD, Dept of adult Independent Living, NIEPMD, DEPWD, MSJE, Muttukadu, Chennai

The Fellowship award has been established by the family members of Dr. Reeta Peshawaria Menon to promote her values and practices.

About Reeta Peshawaria

Reeta Peshawaria-Menon was Consultant Clinical Psychologist Lead at the Tertiary Assessment and Treatment Service of the Specialist Learning Disability Services at Hertfordshire Partnership NHS Foundation Trust, Hertfordshire, UK. She worked here from 2000 till her death in 2012. Before that, she had served as Senior Lecturer in Clinical Psychology at the National Institute for the Mentally Handicapped in Hyderabad for 16 years. The Fellowship award had been established by the family members of Ms. Peshawaria Menon to promote the values and practices she valued and stood for. The Award consists of a monthly bursary of a determined amount in Rupees to a deserving candidate for a maximum period of 12 months.

Rural Development Program



As a part of the after school Bal Gurukul Leadership Program computer classes were conducted after school hours at the Navjyoti India Foundation, center for to bridge the gap between technology and enable digital learning. Children from Abheypur, Sehjawas, Damdama, Rithoj, Bhelapa, Nayagaon, Dhumuspur were a part of this e-learning in two batches.

70
Children

1st Batch

July to August 2019
38 students,

28
boys

10
Girls

2nd Batch

September to November 2019
32 students,

15
boys

17
Girls



Trained children further took **96 sessions** at their respective centers with other children covering topics like Basic computer, Paint, Basic word pad, Basic Microsoft, Basic excel, Basic PowerPoint, Shortcut key, Usage of powerpoint. Enrolled children were also taken for an exposure visit to Sultanpur bird sanctuary, Summer camp & Children day celebration.

B oard of Trustees

Founder



Late Sri Prakash Lal Peshawaria
FOUNDER



Kiran Bedi
FOUNDER

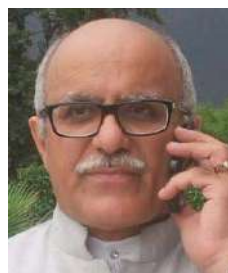


Late Smt Premlata Peshawaria
FOUNDER

Board Of Trustees



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Ajay Goel
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Mr. Sunil Gupta
TRUSTEE



Sunil Nanda
TRUSTEE

T team

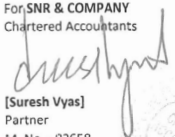
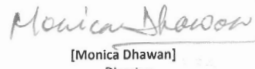
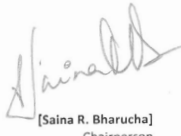


Pearly Paul Sanil: Head - Project CVF, Ajay Thomas: Project Coordinator, Anup Kumar Sinha: Manager - I &T, Ananda Bera: Fleet, Yogesh Gupta: Project Coordinator, Surendra Nath Shukla: Project Coordinator, Hardeep Singh: Project Coordinator, Chander Shekher: Head - Accounts, Pritesh Raghuvanshi: Asst Project Manager, Tarun Kumar: Logistics, Ravi Kumar Srivastav: Head - Prison Project, Ashish: Project Coordinator, Shantanu: Assessor; Abhishek Sharma; Counsellor, Govind Singh: Project Coordinator, Allan Jacob: Project Coordinator, Gagan Sharma: Project Coordinator, Mannu Awasthi: Project Coordinator, Vaishnavi Chaturvedi: Project Coordinator, Garima Dua: Project Coordinator, Richa Tripathy: Counsellor, Mohini Bhardwaj: Project Coordinator, Monica Dhawan: Director, Sumitra Rai: Office Assistant, Lata Kumari: Creative - Analyst, Bharti Singh: Accounts Analyst, Pawan Khatana: Project Coordinator, Preeti Talukdar: Logistics Assistant, Tulika Kiran: Senior Manager, Jessica: Volunteer; Vineeta Pal: Project Coordinator, Mohini: Prison project coordinator; Greeshma George: Project Coordinator, Meenu Sharma: Project Coordinator, Nazia Qadeer: Asst Project Manager, Snigdha Verma: Head - Communication, Ruby Gupta: Project Coordinator, Ram Prakash: Facility Support, Renu Nag: Head - Learning & Development, Bistirna Dutta: Project Coordinator.

B

alance sheet

INDIA VISION FOUNDATION 56, Uday Park, New Delhi-110049			
India Vision Foundation			
Balance Sheet as on 31.03.2019			
	Amount (Rs.) 2018-19		Amount (Rs.) 2018-19
Liabilities		Assets	
Corpus Fund		Fixed Assets (Schedule A)	1,65,91,612
Opening	6,61,27,940		
Add: Current year	-	Investments (Schedule B)	
	6,61,27,940	RBI Bonds	
Excess of Income over Expenditure		FDR with Banks	8,86,18,938
Opening	4,93,82,845		
Add: Surplus/Deficit during the year	1,46,42,676	Current Assets	
	6,40,25,521	Cash & Bank Balance (Schedule C)	3,32,95,671
Capital Asset Fund	1,60,660	TDS Recoverable	39,84,828
		Staff Advances	51,000
Current Liabilities & Provisions		Other Current Assets	7,39,557
Expense Payable	3,50,623	Grant Receivable	11,31,334
Grant in advance	24,99,799		3,92,02,390
Audit Fees Payable	2,57,780		
Statutory liabilities	3,27,605		
Creditors	27,09,043		
	61,44,851		
Branch/Divisions	79,53,967		
	14,44,12,939		14,44,12,939

For SNR & COMPANY Chartered Accountants	For India Vision Foundation
	
[Suresh Vyas] Partner M. No. - 82658	[Monica Dhawan] Director
Date: Place: New Delhi	
	[Saina R. Bharucha] Chairperson

Balance sheet

INDIA VISION FOUNDATION
56, Uday Park, New Delhi-110049

India Vision Foundation

Receipts & Payments Account for the year ended 31.03.2019

Receipts	Amount (Rs.)	Payments	Amount (Rs.)
Opening Balance		Fixed Assets Purchased	
Bank	1,83,32,887	Computer	88,500
Cash	29,794	Office Equipment	10,786
		Vehicle	4,84,307
Grant in Aid			5,83,593
Grant in advance	24,99,799	Expenses	45,55,143
Other	5,16,69,142		
Sales Accounts		Current Liabilities	
Sale of Books (IVF)	200	Home support payable	8,89,996
Other Income		TDS/TCS	2,96,316
Interest Income	4,43,975	Provisions	1,57,41,581
Royalty Income	22,311	Audit Fees	2,36,000
Sale Proceeds	1,43,965	Sundry Creditors	2,05,16,852
Other Income	1,94,910	Statutory Dues	3,16,201
Investment Matured			3,79,96,945
RBI Saving bond	47,76,790	Closing Balance	
		Bank	3,32,48,337
		Cash	47,334
			3,32,95,671
		Branch/Division	3,15,537
		Imprest & Advances	13,66,883
	7,81,13,772		7,81,13,772

For SNR & COMPANY
Chartered Accountants

[Suresh Vyas]
Partner
M. No. - 82658

Date:
Place: New Delhi

For India Vision Foundation

Monica Dhawan
[Monica Dhawan]
Director

Saina R. Bharucha
[Saina R. Bharucha]
Chairperson

Balance sheet

INDIA VISION FOUNDATION
56, Uday Park, New Delhi-110049

India Vision Foundation

Income & Expenditure Account for the year ended 31.03.2019

Particulars	Amount (Rs.) 2018-19	Particulars	Amount (Rs.) 2018-19
Project Expenses	3,19,35,944	Donations/ Grants	5,52,07,764
Office & Administration Expenses		Interest Income	60,08,742
Audit Fees	2,84,200	Royalty Income	1,32,341
Admin Charges	37,325	Other Income	1,94,944
Bank Charges	12,999	Rent Received	1,71,000
Books & Periodicals	14,025	Sale Proceeds	1,53,325
Computer Repair & Maintenance	1,28,866	Closing Stock	4,25,622
Conveyance Expenses	17,217		
Depreciation	9,59,105		
Electricity & Water Charges	890		
Honorarium and incentive	1,14,65,235		
Internet/ Website Expenses	82,533		
Insurance Charges	1,26,255		
Miscellaneous Expenses	329		
Office Expenses	6,75,357		
Office Security	7,33,720		
Postage & Courier Expenses	6,360		
Printing & Stationery Expenses	1,31,237		
Professional Fees	19,500		
Rent	2,34,867		
Telephone Expenses	1,62,237		
Vehicle Running & Maintenance Charges	6,58,861		
Excess of Income over Expenditure	1,46,06,676		
	6,22,93,738		6,22,93,738

For SNR & COMPANY
Chartered Accountants

[Suresh Vyas]
Partner
M. No. - 82658

Date:
Place: New Delhi

For India Vision Foundation

[Monica Dhawan]
Director

[Saina R. Bharucha]
Chairperson



Trust / Foundations / Insitutions

Cloths Box Foundation
Community Foundation for Children and Aging
Dhirender&Shanta Mehta Foundation
G-30 for India Vision Foundation
Give India Foundation
HCL Foundation
Indian American Education
ST Microelectronics Foundation
UK Online Giving Foundation
Yes Foundation

Organisations

British Garments - Subsidiary of G4S
CCS Global Tech
G4S Group
Goldman Sach
Goodyear South Asia Pvt. Ltd
Helm Analytic
Imperial Auto
ITW Consulting Private Limited
M/S. Suresh Yadav Transport Service
Masu Brakes Pads Pvt. Ltd.
Mrs. Bhilwara Energy Ltd.
Prati Creations
Shivam Brand Wrapper India Private Ltd

Goverment partners

Amritsar Prison Administration
Delhi Prisons Administration
Haryana Prisons Administration
Uttar Pradesh Prison administration
Yerwada Prison Administration

Domestic - Individual

Harpal Karicut
Abhishek Chatterji
Ankur Ahuja
Arun Duggal
Bhanu Malik
Leeyo S
Mahadev Infra
Mayank Kaul
Mohit Bhasin
Mr. Shashank Aggarwal
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Venkatraman - Nirupama Vishwanathan "
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Sunita Vachani



**"We make a living by what we get.
We make a life by what we give."**

—Winston S. Churchill, Former Prime Minister of the Great Britain

SUSTAINABLE DEVELOPMENT GOALS



Donation Details

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Your support & generosity has helped us to make a difference in the lives of inmates living inside prisons, also their children & families. Your donation to the Foundation allows to send hope, health, love, motivation, and encouragement to them. We appeal to you to spread the word among your families, friends & networks to help strengthen foundation's mission to #SaveTheNextVictim.

INDIA VISION FOUNDATION

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